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RESEARCH ARTICLE

Oxidative Stress, Antioxidant Enzymes, Genotoxicity and Histopathological Profile in *Oreochromis niloticus* Exposed to Lufenuron

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ABSTRACT

Pesticides especially insecticides are widely used in the field of agricultural development all over the world to increase crop production. Moreover, exposure to such compounds does not only influence the intended targets but also induces adverse impacts on a number of unintended targets in animals. This research aimed to determine the toxic impacts of lufenuron (an insecticide) on the health status of fish in terms of measurement of oxidative stress, antioxidant enzymes, DNA damage and histopathological changes in Nile tilapia (Oreochromis niloticus) exposed to different concentrations. For this purpose, Oreochromis niloticus fish, weighing about 75-80g were arbitrarily separated into four different groups and then exposed to lufenuron @ 0.7, 1.2 and $1.7\mu g/L$ for 39 days. The results showed that the fish exposed to the pesticide had significant changes in oxidative stress, antioxidant profile in gills and percentile rate of DNA damage in different visceral organs including liver, kidney, and gills. Results of light microscopic investigations indicated different histological changes in liver (necrosis of hepatocytes, degeneration of hepatocytes, vacuolar degeneration and congestion), gills (necrosis of lamellar epithelial cells, telangiectasia, and atrophy of secondary lamellae), heart (congestion, necrosis of neurons, microgliosis and intracellular edema), brain (congestion, myofibrosis, neutrophilic and myocarditis) and kidneys (necrosis of renal tubules, widening of urinary space, necrosis of renal tubular epithelial cells). A significantly escalate in oxidative stress while lower quantity of antioxidant biomarkers was documented in experimental fish. The findings of this study suggest that long-term exposure to lufenuron has negative health effects via induction of DNA damage, increased oxidative stress, lowering of enzymatic antioxidants profile and histological lesions in visceral organs of Nile tilapita (Oreochromis niloticus).

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INTRODUCTION

Seafood consists of many nutrients that are good for humans and are quickly absorbed by the digestive system. Because of this, seafood is one of the best sources of nutritional components (Da Rocha *et al.*, 2009; Aci *et al.*, 2020). Having an adequate number of benefits, fishes play a crucial role in the human diet as a source of protein and omega-3 polyunsaturated fatty acids since it lowers cholesterol and boosts the immune system (Hoseinifar *et al.*, 2019). Some economically essential fish species include rainbow trout (*Oncorhynchus mykiss*) and trout (*Salmo trutta*) from the family Salmonidae, catfish (*Clarias gariepinus*) from Clariidae family, common carp (*Cyprinus carpio*) from family Cyprinidae, Nile tilapia (*Oreochromis niloticus*) and perch (*Dicentrarchus labrax*) from the family Cichlidae and Moronidae respectively (Nur *et al.*, 2017; Aci *et al.*, 2020). The aquatic animals including fish

are regarded as the most important non-target organisms that can be harmed by pesticides and other aquatic contaminants that are found in aquatic habitats near to agricultural farms. Freshwater fish are frequently exposed to such pollutants, making them vulnerable to chemical toxicity as the gill tissues in these species are directly exposed to such toxicants (Li et al., 2022; Mahmood et al., 2022; Wang et al., 2022). Studies have recorded that fish being non-target aquatic animals can be used as experimental biological model for estimation and screening of toxicological biomarkers (Tahir et al., 2021; Jabeen et al., 2021; Akram et al., 2022; Kiran et al., 2022). Routine blood biochemistry, pathophysiological ailments and genotoxicity are considered as reliable diagnostic tools for the evaluation of health status of fish in polluted ecosystems (Obiakor et al., 2012; Ghaffar et al., 2016; Taha et al., 2020).

Due to their extreme toxic consequences such as carcinogenic, mutagenic, neurotoxic, and cytotoxic properties, the heavy metals, pesticides and other aquatic pollutants are the major threats in aquatic and other animals (Ahmad et al., 2021; Merdana et al., 2021; Mujahid et al., 2021). Various toxins from industrial and agricultural water flow into canal as well as river, which eventually accumulate near water bodies (Naz et al., 2021). Pollution of aquatic ecosystems due to various toxins has become a global threat causing health problems for both aquatic animals and human beings (Naz et al., 2022). Pesticides bioaccumulation and detoxification in the liver, along with the pollutants, may have an impact on how cells behave physiologically (Xing et al., 2012; Banaee et al., 2014). Ecotoxicological research is essential for determining how aquatic species and people are being exposed (Kim and Kang, 2016). Exposure to pesticides may result in hepatic histological damage and subsequent physiological disturbance (Adel et al., 2017; Ghelichpour et al., 2017; Hoseini and Yousefi, 2019). It has been recorded that the processes of oxidation and reduction, synthesis, and hydrolysis activities in liver are all involved in the removal of xenobiotics (Franco, 1991; Maksymiv et al., 2015).

Lufenuron is a benzoyl phenyl urea insecticide having the molecular formula [(RS)-1-[dichloro-4-(1, 1, 2, 3, 3, 3hexafluropropoxy) phenyl] 3,6-diflurobenzoyl urea. Lufenuron is frequently employed in different fields including public health management, cereal crops to kill pests, insects, western flower thrips, and eriophyids in cotton, grapes, corn, citrus, sugar beet, potatoes, and ornamental plants (Vázquez et al., 2014; Soares et al., 2016). An unregulated use of lufenuron (LUF) insecticide from the benzoyl urea class damages the digestive system of insects. LUF prevents reproduction, polymerization, aggregation of chitin, moulting and development of insects (Vázquez et al., 2014). LUF also induces tissue damage via changes in the antioxidant system, and saltwater adaptation in fish (Soares et al., 2016; Ghelichpour and Mirghaed 2019). Pesticides can induce changes in fish hematological constituents. An alteration in blood parameters and histopathological changes are thought to indicate tissue damage, environmental stress, or an unwell state (Clemente et al., 2013; Hoseinifar et al., 2019).

Biomarkers of estimation of injury due to production of free radicals in biological system and alterations in defense mechanisms of antioxidant biomarkers are the

useful parameters of oxidative stress. Oxidative stress damages cellular structures in organisms (Akram et al., 2022). Consequently, different pathological conditions occur that can lead to death (Nur et al., 2022). Recent studies have employed variety of measures as indicators of oxidative stress including metabolic intermediates, catalase (CAT), superoxide dismutase (SOD), enzymes, and total antioxidants/oxidants capacity (TAS/TOS) (Nur et al., 2022). Superoxide dismutase (SOD) and Catalase (CAT) are the most crucial enzymes for detoxification in all living thing (Slaninova et al., 2009). Variability of antioxidant enzyme levels depends on the length and intensity of stressor exposure, concentration of xenobiotic, and also vulnerabilities of an exposed species of fish (Slaninova et al., 2009). Oxidative stress is caused by numerous toxic agents, including pesticides used in agriculture or industry, the impact of pro-oxidant factors in the fish organism can be used to evaluate pollution (Kaya et al., 2012). Comet assay is a useful method for measurement of genotoxicity in aquatic environments. This research aims to investigate the changes in antioxidant enzymes, the oxidative stress and histopathological profile of Nile tilapia exposed to insecticide lufenuron.

MATERIALS AND METHODS

The current experimental research was conducted at laboratory of Government Sadiq College women University Bahawalpur, Pakistan. All the research was done according to the standards for the use of laboratory animals for research established at Ethical Committee of Government Sadiq College Women university Bahawalpur.

Fish collection and management: Total 88 freshwater fish (*Oreochromis niloticus*), weighing between 75-80g each, were taken from the local Fish Seed Hatchery in Bahawalpur. All of the fish were brought to the testing lab in plastic bags with enough oxygen added and they were then put in glass tanks with 100 liters of water. For each concentration, three 100L tanks (each 36 inches long and 12 inches wide) containing four fish each were used. Prior to the trials start, all of fish had 15 days acclimatization period. All aquariums have enough aeration with continuous air pumps to provide enough oxygen to the exposed fish. Aquarium water was kept at a constant temperature. Prior to and following the experiment, measurement of the physio-chemical characteristics of water were made (Table 1).

Experimental design and treatment: After acclimatization, the experimental fish (60) were distributed into four equal treatment groups. Fish in each group (15) were placed at random (A-D) and then treated with insecticide lufenuron after adaptation to laboratory conditions. Fish of group A were known as control group while the fish of groups B-D were subjected to different concentration of Lufenuron. The environmental relevant concentrations (0.7, 1.2, and 1.7µg/L) of lufenuron were chosen according to earlier published data and used for the period of 39 days. Various tissues (gills, liver, brain, kidney, and heart) were obtained from each treated fish of all experimental groups at days 13, 26 and 39 of experiment and preserved until further analysis.

Assessment of histopathological alterations in visceral organs: At the days 13, 26, and 39 of the study, fish (4) from each group were randomly selected, euthanized, and dissected for histological abnormalities. Clove oil (4.5mg/L) was used to anaesthetize all the experimental specimens prior to sampling (Islam et al., 2019). Immediately after dissection, different organs (gills, liver, brain, kidney, and heart) of fish were taken, and stored in a 10% formaldehyde solution. All of the recovered tissues were processed and stained by using Hematoxylin and eosin staining procedure to record histological abnormalities (Hussain et al., 2019). About 15 dissimilar microscopic fields/tissues/fish were examined to measure the severity of histopathological changes with the help of light microscopic (Nikon Eclipse 80i, Nikon Co., and Tokyo, Japan).

Evaluation of oxidative stress parameters and enzymatic antioxidants in gills: Enzymatic antioxidants and oxidative stress markers were assessed in gills of exposed fish at days 13, 26 and 39 of the trial. Briefly, tissue homogenates were prepared from each organ separately using cold normal saline solution. Different biochemical profile (oxidative stress and antioxidant enzymes) was estimated using spectrophotometer. The quantity of ROS (Akram et al., 2021; Hussain et al., 2022; Raza et al., 2022) in gills of each fish was measured. The quantity of antioxidant enzymes such as catalase (CAT) (Ghaffar et al., 2016), superoxide dismutase (SOD) (Kakkar et al., 1995; Akram et al., 2021, Raza et al., 2022) and peroxidase (POD) (Ghaffar et al., 2016), Glutathione reductase (GR) (Habig et al., 1974) was measured in tissue homogenates of gills obtained from individual fish.

Assessment of DNA damage in liver, gills, and kidneys: DNA damage estimation in various visceral tissues including, kidneys, gills, and liver was performed by using a reliable, suitable and sensitive technique (comet assay) under alkaline environments (Mitchelmore and Chipman, 1998; Hussain et al., 2019; Raza et al., 2022). Briefly, liver, kidney, and gill tissues from each fish were obtained after necropsy of fish and were immediately placed in cold normal saline solution. After that about 0.2g tissue was triturated and centrifuged separately from all the visceral organs of each fish. The sediment having cells of each specimen were removed and processed for investigation of DNA damage (Hussain et al., 2011; Raza et al., 2022). Briefly, three layers were prepared from agarose (0.75% normal agarose and 0.5% low melting point agarose) dissolved in deionized water using frosted glass slides. About 5µl cells from each organ were suspended in low melting agarose (Raza et al., 2022). All the prepared slides were placed in chilled lysing solution for unwinding of DNA and subsequently electrophoresis was done at 25V for 30 min (Singh et al., 1988; Kosz-Vnenchak and Rokosz, 1997). Finally, all the slides were neutralized and immediately stained using ethidium bromide stain. DNA damage (% of cell damage) was observed using fluorescent microscope by examining 550 cells/fish/slide.

Statistical analysis: The SPSS software, version 15 was used to refine statistical analysis through analysis of variance (ANOVA). To determine the degree of significance alterations among lufenuron treated and

untreated fish, one–way analysis of variance (ANOVA) was utilized. All data were presented as mean \pm SE. A significance threshold of P<0.05 was used.

RESULTS

No mortality was observed in fish of all experimental groups treated with lefenuron during the trial. Several behavioral ailments including irregular swimming, absence of organization, air guzzling and abnormal swimming were obviously detected in tilapia fish exposed to various concentrations of lufenuron (0.7, 1.2, and $1.7\mu g/L$).

Quantity of oxidative stress and antioxidant enzymes: Results recorded that oxidative stress markers including thiobarbituric acid (TBARS) and reactive oxygen species (ROS) in gills of fish exposed to $1.7\mu g/L$ concentration of lufenuron increased significantly at days 26 and 39 of the study but ROS and TBARS values increased significantly when fish were exposed to $1.2\mu g/L$ concentration of lufenuron at day 39 of the study. The findings on several antioxidant enzymes in gills showed that the amount of antioxidant enzymes such as peroxidase (POD), catalase (CAT) and superoxide dismutase (SOD) significantly decreased in the gills collected from fish subjected to 1.2 $\mu g/L$ and 1.7 $\mu g/L$ concentration of lufenuron at days 26 and 39 of the recent study as compared to untreated fish (Fig. 1).

DNA damage: Results on genotoxic effects determined by comet assay (Fig. 3f) showed that the percentile rate of DNA damage in some visceral tissues (gills, liver, and kidneys) increased significantly in fish treated with lufenuron at days 26 and 39 of study. At days 26 and 39 of the experiment, the results on investigation on genotoxic potential of lufenuron in isolated cells of gills of tilapia fish exposed to $1.7\mu g/L$ concentration of lufenuron at day 39 of the trial compared to control fish. DNA damage was remarkably increased all the visceral organs at days 26 and 39 in fish exposed to $1.7\mu g/L$ concentration of lufenuron at day 39 of the trial compared to control fish. DNA damage was remarkably increased all the visceral organs at days 26 and 39 in fish exposed to $1.7\mu g/L$ concentration of lufenuron than the fish of control group (Fig. 2).

Histopathological alterations: The gills, liver, heart, kidney, and brain of fish in the control group showed normal histological structures, but fish subjected to varied concentrations of distinct concentrations of the pesticide lufenuron showed distinct microscopic defects in the liver, gills, heart, kidney, and brain tissues (Fig. 3). When fish were exposed to higher concentration of lufenuron $(1.7\mu g/L)$, the severity of alterations increased. The exposure of lufenuron (1.2µg/L and 1.7µg/L) causes moderate to severe histopathological alterations including, congestion, pyknosis of neurons and edema in the brain of exposed fish at day 39 of the study. The exposure of lufenuron (1.2µg/L and 1.7µg/L) resulted in moderate to severe histopathological changes in the gills including congestion in cartilaginous cores, disorder in arrangement of lamellae, atrophy of cartilaginous core, atrophy of lamellae, necrosis of lamellar cells, telangiectasia, disruption of primary lamellae, curling of secondary lamellae, uplifting of lamellae and lamellar disorganization at day 39 of the study.



Fig. 1: Photograph showing comparison in concentrations of different oxidative and antioxidant profile of lufenuron treated and control fish

 Table I: Physico-chemical analysis of water for experimental fish,

 Oreochromis niloticus

Parameters	Values		
Water temperature (°C)	25.9±0.45		
Electrical conductivity at 25°(µmhos/cm)	411.3±3.15		
Dissolved oxygen (mg/L)	7.89±0.13		
Alkalinity (mg/L)	171.5±1.43		
Total dissolved solid (mg/L)	173.9±4.34		
Ph	7.3±0.07		
Total hardness (CaCO3, mg/L)	169.88±1.73		
Potassium (mg/L)	1.61±0.13		
Sodium (mg/L)	11.8±0.33		

The liver tissues of tilapia fish exposed to lufenuron (1.2 and $1.7 \mu g/L$) showed moderate to severe (Table 2)

Fig. 2: Photograph showing DNA damage (%) in isolated cells of gills (a), kidneys (b) and liver (c) of lufenuron treated and control fish

Fig. 3: Photomicrograph exhibiting histoarchitectural ailments a) Gills showing lamellar fusion, atrophy of lamellae, degeneration of cartilaginous core, telangiectasia and lamellar disorganization. b) Liver showing pyknosis, nuclear hypertrophy, vacuolar degeneration, hepatocytes with eccentric nuclei and edema. c) Heart showing edema, breakdown of myofibrilles and neutrophilic myocarditis; d) Kidneys showing necrosis of renal tubules, widening of urinary space, necrosis of renal tubular epithelial cells and degeneration of renal tubules. e) Brain showing necrosis of neurons, degeneration of neuron, atrophy of neuron and intracellular edema and f) DNA damages in isolated cells of gills.

histopathological alterations such as formation of ceroid, ccongestion, fatty change, pyknosis, hemorrhages, hypertrophy of nuclei, karyolysis, karyorrhexis, and hepatocytes containing eccentric nuclei at day 39 of the study (Fig. 3). Hearts of several fish exposed to lufenuron (1.2 and 1.7 μ g/L) were found to have moderate to severe histopathological abnormalities such as congestion, edema, myofibrosis and neutrophilic myocarditis (Fig. 3) at 39 of the study. The exposure of lufenuron (1.2 and 1.7 μ g/L) induces moderate to severe histopathological changes in kidneys (Fig. 3) including, necrosis of renal tubules, widening of urinary space, necrosis of renal tubular epithelial cells at day 39 of the study (Table 2).

 Table 2:
 Different histopathological changes in various tissues of

 Oreochromis niloticus exposed to various concentrations of Lufenuron

Thistopathological lesions	D (0 7 -/l)		
	B (0.7µg/L)	C(1.2 µg/L)	D (1.7 g/L)
Brain			
Congestion	+	++	+++
Necrosis of neurons Intracellular	• +	++	+++
edema			
Intracellular edema	+	+++	++++
Gills			
Congested cartilaginous core	+	++	+++
Lamellar fusion	+	++	++++
Congestion	+	+++	++++
Degeneration of cartilaginous core	+	+++	++++
Lamellar atrophy	+	+++	++++
Necrosis of lamellar pillar cells	+	++	+++
Telangiectasia	+	++	+++
Disruption of primary lamellae	+	++	+++
Curling of secondary lamellae	+	++	++
Uplifting of lamellae	+	++	++
Lamellar disorganization	+	+++	++++
Liver			
Congestion	+	++	+++
Ceroid formation	+	++	+++
Vacuolar degeneration	+	++++	++++
Hemorrhages	+	++	+++
Pyknosis	+	++	++++
Nuclear hypertrophy	+	++	++++
Karyorrhexis	+	+++	++++
Karyolysis	+	++++	++++
Hepatocytes with eccentric nuclei	+	++++	++++
Heart			
Congestion	+	++	++
Edema, Myofibrosis Neutrophilic	+	+++	++++
myocarditis			
Myofibrosis	+	++	+++
Neutrophilic myocarditis	+	++	+++
Kidneys			
Necrosis of renal tubules	+	++	+++
Widening of urinary space	+	+++	++++
Necrosis of renal tubular epithelial	+	+++	++++
cells			

DISCUSSION

Investigation on different species of fish encounter physiological, biochemical, histopathological ailments and DNA damage during the acclimatization period due to exposure to several toxic pesticides. Hence, this study investigated effects of lufenuron on status of oxidative stress markers, enzymatic antioxidants, genotoxicity and histopathological ailments of tilapia fish.

Pesticides usually lead to aquatic organisms under oxidative stress, which ultimately induce overproduction of reactive oxygen species and disruption of mechanisms of antioxidant enzymes. Oxidative stress also alters the molecular based functions of different visceral organs (Akcha et al., 2003; Slaninova et al., 2009; Lukaszewicz-Hussain 2010). Antioxidant enzymes assist fish in environmental stresses in adopting to stress conditions and changing their activity; the extent of alteration relies on the intensity, species, and router of exposure to the stressful events (Clempus and Griendling, 2006; Gravato et al., 2006). Hydrogen peroxide and anions of superoxide must be detoxified using the volatile antioxidant enzymes CAT and SOD. The antioxidant enzymes greatly protect organisms living in aquatic and terrestrial ecosystems from natural and artificial oxidative stress (Rao 2006; Nwani et al., 2010). The enzyme SOD is of vital important which counteract the free radicals. Thiobarbituric Acid Reactive Substance (TBRAS), a significant secondary oxidative

stress product is valuable for monitoring oxidative stress along with oxidative enzymes. It is made when polyunsaturated fatty acids are oxidized (PUFA). The results showed that values of TBARS and ROS increased significantly during the study. The aquatic animals particularly different species of fish have the capacity to combat the oxidative stress (Fazelan et al., 2020). It has been recorded that SOD play important and crucial roles being the first line of defense mechanism during the stress induced by any environmental pollutants (Jindal and Kaur, 2014). The gills are the primary organs that have direct contact with water and toxicant dissolved in water. In the current study, activity of SOD, POD and CAT in gills of fish exposed to lufenuron declined dramatically at 39 day of treatment. Similar findings were made in earlier experiment using Carassius auratus gibelio (Zikić et al., 2001), Prochilodus lineatus (Simonato et al., 2011). Different several published studies have investigated that pesticides are the major pollutants which induce oxidative stress via overproduction of free radicals in fish (Mahmood et al., 2022; Veedu et al. 2022; Wang et al., 2022). It has also been recorded that antioxidant enzymes like SOD, GST CAT and GPx play crucial role in prevention of injuries of exposed tissues due to pesticides in aquatic organisms (Veedu et al., 2022; Li et al., 2022).

Results from the comet assay for determination of genotoxic effects (Fig. 1) demonstrated that treated fish had considerably higher frequency of DNA damage in different tissues (gills, kidneys and liver) at days 26 and 39 of the research. Studies have recorded that comet assay is a suitable, appropriate, frequently used, sensitive, and reliable technique measurement of DNA damage in different tissues of both terrestrial and aquatic life (Lee and Steinert, 2003; Ghisi et al., 2011; Raza et al., 2022). Formerly, no information could be found on DNA damage due to exposure to lufenuron in different tissues of tilapia. In our trial, the results on genotoxic investigation exhibited significantly increased DNA damage potential of lufenuron in different tissues of tilapia fish. The higher values of DNA damage in visceral tissues of tilapia fish could be due to rapid generation of free radicals leading to induction of oxidative stress (Kawaguchi et al., 2008; Gaivão et al., 2009; Hussain et al., 2011; Raza et al., 2022).

Various moderate to severe microscopic ailments in gills including congestion of cartilaginous core, fusion of lamellae, congestion, degeneration of cartilaginous core, lamellar atrophy, necrosis of lamellar pillar cells, telangiectasia, disruption of primary lamellae, curling of secondary lamellae, uplifting of lamellae and lamellar disorganization have been observed at day 39 of the recent study. Previously, several histopathological irregularities have been observed in gills of Colossoma macropomum (Bernet et al., 1999; Soares et al., 2016) induced by lufenuron. Because of their close proximity to water, gills are crucial for osmoregulation gas exchange, excretion of nitrogenous waste, acid-base balance, but they are also the first to experience the negative effects of various pollutants and pesticides (Bortner and Cidlowski, 1996; Ghelichpour et al., 2017). These alterations can be explained as an adaptive strategy to sustain physiological processes since the gills were exposed to toxic substances. However, this could have unintended consequences including respiratory and ionic disruptions that could harm the structural integrity of gills (Kim and Kang, 2016; Aldoghachi et al., 2016). The liver of tilapia fish showed histopathological alterations induced by higher concentrations of lufenuron (1.2 and $1.7\mu g/L$) such as congestion, ceroid formation, vacuolar degeneration, hemorrhages, pyknosis, nuclear hypertrophy, karyorrhexis, karyolysis and hepatocytes with eccentric nuclei. In prior studies, the similar histopathological alterations were observed in Cyprinus carpio (Ghelichpour et al., 2020). Hearts of several fish were found to have histopathological abnormalities such as congestion, edema, myofibrillosis and neutrophilic myocarditis. The exposure of lufenuron causes congestion. necrosis of neurons and intracellular edema, which were mild to moderate histological alterations in the brain of fish. The exposure of lufenuron induces histopathological changes in kidneys including necrosis of renal tubules, widening of urinary space and necrosis of renal tubular epithelial cells. Previously, there was no published data induction of toxic was found regarding the histopathological alterations in heart, kidney, and brain of various fish species due to lufenuron.

Conclusions: From the findings it may be suggested that lufenuron causes adverse effects in different tissue of fish, even at very low levels. Histopathological analysis of gills, kidneys, livers, brain, and hearts of *Oreochromis niloticus* exposed to lufenuron at increased level indicated severe alterations. It was also observed that lufenuron induced DNA damage and oxidative stress in exposed fish. This study investigated the mechanisms of toxicity of lufenuron and concerns regarding the use and disposal of lufenuron for environmental pollution and mitigation measures to prevent contamination in aquatic populations.

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Authors contribution: SI, RH and SN plan and executed the trial. FAAS, MHS, AMMC, AG, and RA involved in data analysis and results interpretation. RH and SN prepared the paper and edited the manuscript.

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