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## **RESEARCH ARTICLE**

# Mycogenic Zinc Nanoparticles with Antimicrobial, Antioxidant, Antiviral, Anticancer and anti-Alzheimer Activities Mitigate the Aluminium Toxicity in Mice: Effects on Liver, Kidney, and Brain Health and Growth Performance

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## **ABSTRACT**

This study investigates the *in vitro* and *in vivo* biological activities of mycogenic Zn nanoparticles synthesized by Aspergillus fumigatus (AFZN) as an effective neurological, antioxidant, antibacterial, antiviral, and anticancer agents besides mitigating the Al toxicity in albino mice. The spherical AFZN were 39nm in size and -23.6mV charge; these properties possessed the antioxidant, anticancer, antibacterial, antiviral, and anti-alzheimer activities. The in vitro findings revealed that AFZN (100 µg/mL) significantly inhibited 89% of DPPH radicals, 84% of the activity of AChE, and 85% of brain cancer cell lines besides pathogenic bacteria. The obtained ZnNPs reduced the severity of the lumpy skin disease virus (LSDV) by 84%. The antioxidant and neurological activity of ZnNPs in AlCl<sub>3</sub>-challenged mice were evaluated; therefore, 120 mice were allocated into six groups: control, three groups received ZnNPs concentrations (25, 50, and 75 mg/kg), AlCl<sub>3</sub>-challenged group, and AlCl<sub>3</sub>challenged group and treated with ZnNPs (75 mg/kg). The dietary ZnNPs (75 mg/kg) significantly enhanced body weight gain, feed intake, and feed conversion ratio compared to the control and AlCl<sub>3</sub>-challenged group. The liver enzymes (AST and ALT), uric acid, total cholesterol, LDL, and MDA were at a high level in AlCl<sub>3</sub>challenged groups, whereas ZnNPs (75 mg/kg) treatment enhanced the oxidative stability and immunity markers in the AlCl<sub>3</sub>-challenged group, where decreased MDA, and enhanced the activity of the enzymatic defence system (SOD, CAT, and GPx). Also, it downregulated the brain, liver, and renal proinflammatory (OCCU and MUC-1, IL-6, and IL-1B) and pro-cancerous (Bax and caspase-3) markers in the AlCl<sub>3</sub>-challenged group. The brain, liver, and kidney histology correlated with the results of biochemical parameters, where ZnNPs application recovered the tissue structure as control. It concluded that mycogenic ZnNPs can be used as an antioxidant and anti-alzheimer agent in the AlCl<sub>3</sub>-challenged group.

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#### INTRODUCTION

Nanotechnology has been incorporated into the veterinary domain as a tool for disease detection and the formation of innovative therapeutic and prophylactic strategies (Prasad *et al.*, 2021). Due to their small size and unique physicochemical properties, nanoparticles have become invaluable tools in biological applications. They offer precise drug delivery, controlled release, and the ability to manipulate the immune system within living organisms. Additionally, metal nanoparticles have shown promising antiviral, antibacterial, and antioxidant capabilities (Ermakov and Jovanović, 2022; Fatima *et al.*, 2024).

Zinc is essential for all living organisms (Mohd Yusof et al., 2021). Additionally, Zn possesses antioxidant properties and plays a crucial role in the antioxidant defense system (Matuszczak et al., 2024). Additionally, Zn is a constituent of several proteins that play a role in immune defense systems, hormone secretion pathways, and secondary metabolites (Ogbuewu and Mbajiorgu, 2023). Zinc nanoparticles (ZnNPs) are mineral salts with particle sizes ranging from 1 to 100 nm (Shaba et al., 2021). Zinc nanoparticles can be produced through three primary methods: chemical, physical processes, and green synthesis. Among these, microbial-mediated synthesis is often considered a more environmentally friendly and safer alternative to traditional chemical and physical approaches (Gauba et al., 2023). ZnNPs have attracted significant attention because of their small size, specific shape, expanded and enhanced surface area and activity, efficient catalytic properties, and powerful adsorption capabilities (Blinova et al., 2020). These unique properties of ZnNPs have recently gathered significant interest.

Zinc nanoparticles have broad-spectrum antimicrobial properties against many pathogens. Zinc oxide nanoparticles have been used as nanoparticles for controlling and inhibiting many viruses at the vitro level, including bovine herpesvirus-1 (Zeedan *et al.*, 2020), H1N1 influenza virus (Ghaffari *et al.*, 2019), hepatitis C virus, hepatitis B virus (Kumar *et al.*, 2023), and Herpes Simplex Virus Type 1 (HSV-1) (Melk *et al.*, 2021).

Aluminum (Al) represents 8% of the earth's crust (Laabbar *et al.*, 2014). Al flexibility makes it useful in cookware, food packaging, water purification, and several medications, such as antidiarrheal agents, antacids, phosphate binders, antiperspirants, buffered aspirin, and cosmetics. These sources significantly contribute aluminum to the human body (Willhite *et al.*, 2014). It is believed that the amount of aluminum eaten daily from drinking water is around 160µg. However, this amount can be as high as 3.5-5.2g per day (equivalent to 50-75 mg/kg/day) due to the intake of aluminum-based antacids (Krupińska, 2020). High exposure to Al can impact the brain, bones, and functions of the spleen, liver, kidneys, and immune system (Gökmen and Gül, 2023).

Recent studies have indicated that aluminum can potentially be hazardous to the body's systems (Renke *et al.*, 2023). While aluminum is common in our environment, high levels of exposure have been linked to several health concerns, including neurological disorders like Alzheimer's and Parkinson's, as well as bone problems like osteomalacia (Doroszkiewicz *et al.*, 2023). Some studies suggest potential connections to other conditions, such as breast cancer and autoimmune issues, but the evidence is inconclusive (Hao *et al.*, 2022; Ungureanu and Mustatea, 2022). According to recent reports, the toxic effects of aluminum exposure have been linked to anemia in both people and animals (Cirovic and Cirovic, 2022). Additionally, it can lead to biochemical and metabolic abnormalities, resulting in tissue harm due to oxidative injury and contributing to disease development.

Oxidative redox components, i.e., reduced glutathione (GSH) and superoxide dismutase (SOD), are susceptible to damage caused by Al assault (Laabbar *et al.*, 2021). Lately, there has been an increasing interest in employing nanoparticles as adsorbents in the medium to address the phytotoxicity caused by heavy metals (Zhou *et al.*, 2020b). Tiny particles, i.e., nanoparticles, nanomembranes, and nano-powders, are being used in new ways to identify and remove harmful ingredients from water. These ingredients include heavy metals like aluminum, lead, mercury, copper, and unwanted chemicals like cyanide, nitrates, and organic pollutants (Mathur *et al.*, 2022; Praveen *et al.*, 2023).

Nanotechnology has been applied in water purification and supply systems, which has caught the interest of phytoremediation experts. Zinc oxide nanoparticles (ZnONPs) possess distinct optical and electrical characteristics that make them suitable for many applications, including developing coatings that may effectively eliminate harmful chemical and biological contaminants, including heavy metals (Sharifan et al., 2020). After three days of treatment, the green Zn nanoparticles observed a reduction in the concentration of Pb and Cd heavy metals in contaminated water. As there are no available studies on the mitigation effect of ZnNPs on heavy metal accumulation in vivo, this study evaluated the biological activities of ZnNPs as antioxidant, anticancer, anti-alzheimer, antibacterial, and antiviral agents besides their impact on reducing the toxicity in aluminum-treated albino mice.

#### MATERIALS AND METHODS

Preparation of mycogenic zinc nanoparticles: Preparation of fungal extract: Aspergillus fumigatus was isolated from the soil. Ten grams of soil samples were stirred in 90mL of sterile saline solution for 15 min to obtain  $10^{-1}$ . Serial dilutions were prepared until  $10^{-7}$ . 100µL of each dilution was spread over potato dextrose agar (PDA) plates supplemented with different concentrations of zinc nitrate  $(Zn(NO_3)_2)$  (2, 4, and 6mM). The previous PDA plates were incubated at 28°C for 96h. The Zinc-tolerant fungus was selected and identified based on colonial and cultural features and the morphological characteristics of the sporangia and conidia using standard methods as described in the Pictorial Atlas of Soil and Seed Fungi by Montoya-Castrillón et al. (2021). Direct observation of colony features on PDA was used as a yardstick for colonial identification. Morphological features were observed under a high-powered imaging microscope on a slide preparation after staining with lactophenol cotton blue. Pure culture was maintained at 4°C on potato dextrose agar (PDA) slant until needed.

Spores from a 48-72 h-old culture of *Aspergillus fumigatus* cultivated aerobically in a 250 mL Erlenmeyer

flask containing a 100 mL potato dextrose broth (PDB; Sigma-Aldrich, USA). The flask was incubated in a shaking incubator (Labtron, Camberley, UK) at 30°C and 2 ×g for 72h. The cultivation was conducted under ambient room lighting conditions without adding extra illumination, and fungal biomass ( $2x10^3$ ) was harvested after cultivation. Ten grams of the fungal biomass was suspended in 100mL of sterile distilled water in an Erlenmeyer flask (250mL) and stirred at  $4.5 \times g$  and  $30^{\circ}$ C for 72h. The cells were discarded after filtration (using Whatman No.1 filter paper) to obtain an *Aspergillus fumigatus* bioactive filtrate (Mekky *et al.*, 2021).

**Mycogenic** *Synthesis of Zinc Nanoparticles:* Zinc NPs were synthesized using the filtrate of the fungus *Aspergillus fumigatus* obtained as described in the section above. 2.5 grams of Zn(NO<sub>3</sub>)<sub>2</sub> was dissolved in 250 mL of deionized distilled water during biological synthesis. 100mL of Zn(NO<sub>3</sub>)<sub>2</sub> were mixed with 100mL of *Aspergillus fumigatus* bioactive filtrate. Sodium hydroxide NaOH (0.1 M) was added in drops with constant stirring using a magnetic stirrer for an hour until the pH adjusted to 11. For three days, the solution was incubated in a shaking incubator (Labtron, Camberley, UK). A pale white solution of ZnO nanoparticles was obtained, as described by Shamim *et al.* (2019).

**Characterization of the Zn nanoparticles:** The physical properties of the synthesized nanoparticles were determined using the following devices. UV–Vis spectrophotometer (SPECORD 200 PLUS, Analytik Jena GmbH+Co. Jena, Germany) was used to confirm the synthesis. Transmission electron microscopy (TEM) (JEOL, USA) was used to determine the size of NPs. Zeta sizer and Zeta potential (Bettersize, USA) were used to determine the size and charge of nanoparticles (Abdel-Moneim *et al.*, 2022; Saad *et al.*, 2022).

### The activities of mycogenic zinc nanoparticles:

Antioxidant activity: The DPPH scavenging activity of ZnNPs was estimated by Alowaiesh *et al.* (2023) with some modifications, 3 mL of an ethanol DPPH (Sigma, USA) added to 1 ml of the ZnNPs (25, 50, 75, 100 µg/ml). This mixture was then incubated in the dark for 30 min. The developing color was read at 517 nm using a spectrophotometer (SPECORD 200 PLUS, Analytik Jena GmbH+Co. Jena, Germany). The DPPH free radical was neutralized by the ZnNPs, indicating their antioxidant potential. The absorbance was applied in the following equation. The IC<sub>50</sub> value presents the minimum concentration required to scavenge 50% of the DPPH radical (El-Saadony *et al.*, 2022).

 $\frac{\% DPPH \ scavenging \ activity}{\frac{Abs \ control - Abs \ sample}{Abs \ control}} \times 100$ 

Anticancer activity: The monolayer of brain cancer cell lines U-87 MG (ATCC, USA) was trypsinized, and the cell count was adjusted to  $1.0 \times 10^5$  cells/mL using DMEM media containing 10% fetal bovine serum (FBS). To each well of the 96-well microtiter plate, 100 µL of the diluted cell suspension ( $1 \times 10^4$  cells/well) was added. The microtiter plate was incubated at 37°C in CO<sub>2</sub> conditions for a day. The medium was replaced with a fresh one supplemented with FBS and varying concentrations of ZnNPs (25, 50, 75, 100  $\mu$ g/ mL), then incubated for two days at 37°C. The cells were harvested using a trypsin-EDTA buffer and treated with trypan blue to distinguish the viable cells. The live cell count was determined, and the results were presented as the percentage of inhibition of brain cancer cell lines (Olivares-Bañuelos *et al.*, 2019).

Antibacterial activity: Streptococcus pyogenes (SP) Staphylococcus aureus (SA), Listeria monocytogenes (LM). Bacillus cereus (BC). Escherichia coli (EC). Klebsiella pneumoniae (KP), and Salmonella Typhi (ST) were used to measure the antibacterial activity of ZnNPs. The bacterial strains were kept at 4°C by subculturing them on nutrient agar slants. El-Saadony et al. (2021b) used the agar well-disc-diffusion method to assess the bactericidal activity of ZnNPs. After adding 50mL of melted Muller-Hinton agar (MHA) to plates, 0.1mL of bacterial inoculum  $(1.5 \times 10^8 \text{ CFU/mL})$  was spread on the hardened MHA. Each plate (9 cm) was punched with 8mm wells and introduced 6 mm discs saturated with 50µL ZnNPs levels (25, 50, 75, and 100 µg/mL). For 24-48h, MHA plates were incubated at 37°C (El-Saadony et al., 2019). Diameters of the resulting inhibition zones (mm) indicated the antibacterial activity (El-Saadony et al., 2021a). The MIC was estimated as the method described by Saad et al. (2021).

### Antiviral activity of ZnNPs:

**Virological samples:** Five skin nodule samples were collected from suspected cattle showing the clinical signs of lumpy skin disease (LSD) (such as fever and nodules on the skin). These samples were labeled, transported, and stored at -80 °C according to OIE (2010) until be used for real-time PCR (Stratagene Mx3005P, Agilent, USA), isolation, sequencing, and application of antiviral nanomaterials.

Real-time PCR for detection of LSDV: The five skin nodule samples were examined by real-time PCR. The viral DNA was extracted from suspected prepared samples using (G-SPIN™ Total DNA Extraction Kit, Korea) according to the manufacturer's instructions and stored at -20°C. The mix kit (LSDV dtec-qPCR test (GPS, Spain) was applied to a real-time PCR machine (Stratagene Mx3005P, Agilent, USA). The reaction was prepared in a sterile 0.2mL tube. 20µL qPCR mix was prepared and mixed thoroughly with 4µL mix stable qPCR 5x, 1µL specific primer/probe, 10µL DNase/RNase free water, and 5µL template (either sample, positive or negative). The thermal profile, as described by the manufacturer of the mixing kit, was adjusted to one cycle at 95°C for 15min for (activation), followed by 40 cycles at 95°C for 15sec for (denaturation) and 60°C for 1min for (hybridization/extension and data collection). The cut-off was at 35 cycle threshold (Ct) value as determined by the manufacturer (Zeedan et al., 2019).

**Isolation of LSDV on CAM of SPF-ECEs:** One positive skin nodule sample was selected to be isolated on the chorioallantoic membrane (CAM) of a specific pathogen-free- embryonated chicken egg (SPF-ECE) (House *et al.*, 1990). The sample was prepared in phosphate-buffered

saline (pH 7.4) with 100 U/mL penicillin and 100 mg/mL streptomycin. The homogenate was frozen and thawed trice to lyse the cells, then the supernatant was purified by centrifuging at  $6000 \times g$  for five minutes at 4°C, then filtered through a 0.45 mm pore-size cellulose acetate filter. Before inoculation, the SPF-ECEs were incubated for nine days at 37°C and 70% humidity. Then, they were injected with 0.2 mL of the supernatant through CAM after being incubated for 9 days (Schneiderhan *et al.*, 2007). Every day for seven days following inoculation, the ECEs were examined, and eggs that had died embryos within the first 24 hours after inoculation were regarded as non-specific deaths. Three virus passages in CAM were done to increase the virus titer. The application of conventional PCR confirmed the result.

Antiviral activity of ZnONPs against LSDV: The IC<sub>50</sub> of ZnONPs against LSDV was determined following previously established protocols (AbouAitah et al., 2021) using Ribavirin as a reference antiviral compound for comparison (Gupta et al., 2022). In each 96-well tissue culture plate well, 100 µL of Madin-Darby bovine kidney (MDBK, European Collection of Authenticated Cell Cultures (Public Health England) cell suspension (3×10<sup>5</sup> cells) was added and incubated overnight in a humidified incubator at 37°C with 5% CO<sub>2</sub>. These cells are necessary for propagating and studying the bovine poxvirus LSDV. The cell monolayers were washed once with 1x Phosphatebuffered saline (PBS, Sigma, USA) and then subjected to LSDV adsorption for 1 hour at ambient temperature (25 °C). The cell monolayers were overlaid with 50 µL of Modified Eagle's Medium (DMEM; Life Technologies) containing varying concentrations of ZnONPs or Ribavirin. After incubating for 72h at 37 °C in 5% CO<sub>2</sub>, the cells were stained with 0.1% crystal violet in distilled water for 15 min at room temperature after being fixed with 100µL of 4% paraformaldehyde (Sigma, USA) for 20 min. The optical density of the color was then determined at 570nm using an Anthos plate reader (BMGLABTECH®FLUOstar Omega, Germany) after the crystal violet dye had been dissolved using 100µL of absolute methanol per well. Using GraphPad Prism software (version 5.01) and nonlinear regression analysis, the  $IC_{50}$  value was determined by plotting the logs of the concentrations of ZnNPs and Ribavirin against the normalized response (variable slope) (Homaeigohar et al., 2023).

Anticholinesterase activity (Anti-Alzhamir) of mycogenic Zinc nanoparticles: The acetylcholinesterase activity was evaluated using an enhanced Ellman technique, utilizing a Quanti-Chrome kit (USA) in a 96-well plate reader assay (BMGLABTECH®FLUOstar Omega, Germany). The enzyme catalyzes the hydrolysis of the substrate acetylthiocholine, yielding the product thiocholine, then undergoes a reaction with 5,5-dithiobis (2-nitrobenzoic acid) (DTNB), resulting in the formation of DMNB-5-MNBA and 5-thio-2-nitrobenzoate, which exhibits a yellow color. The chromogen yellow color's intensity and absorbance may be measured at 412nm, directly related to the enzyme activity in the examined materials (El-Hawwary et al., 2021).

Experimental layout, Basal diet: A total of 120 mice weighing (30-42g) were obtained from the breeding animal house, adapted, and kept under full hygienic conditions. The plastic boxes were subjected to a 12h dark-light cycle, 40-60 % relative humidity, and a temperature of 23.2°C. The mice delivered water and diet throughout the experiment (NRC, 1994). The mice were given basal diet for two weeks to acclimate to the experimental animal laboratory setting. The accommodation and administration of the animals and the experimental protocols were conducted per the principles delineated in the Guide for the Care & Use of Lab Animals following the National Committee of Bioethics (NCBE 2023). Randomly, ten mice were allocated to six groups: Group 1 (Control) received a basal diet with no additives; Group 2: fed the control diet supplemented with 25 mg/kg of zinc nanoparticles (ZnNPs); Group 3: Fed the control diet supplemented with 50 mg/kg of ZnNPs; Group 4: Fed the control diet supplemented with 75 mg/kg of ZnNPs; Groups 5: AlCl<sub>3</sub>-challenged chicks that were fed a basal diet; Group 6: AlCl<sub>3</sub>-challenged quails fed a control diet supported with 75 mg/kg ZnNPs. Aluminum chloride solution was prepared and added to water with a 100 mg/kg concentration bw/day for 30 days (Gomaa et al., 2019).

**Growth performance**: At the end of the experiment, the animals were decapitated from the cervical region. Following the dissection of the heart, brain, liver, kidney, lung, and spleen, excess fat was eliminated, & the percentages of the relative weight of organs were calculated (Zhou *et al.*, 2024).

**Blood biochemistry**: The biochemical parameters were following ways: ALT, AST, Urea, Creatinine (Spectrum, Egypt, Cat no. # 216 001), and creatine kinase (CK) activities (Spectrum, Egypt, Cat no. # 238 001) were determined in serum (Moss, 1982; Burtis and Ashwood, 1999) respectively. Antioxidant parameters: estimation of malondialdehyde (MDA), superoxide dismutase (SOD), catalase (CAT), and glutathione peroxidase (GPx) were determined via utilizing commercial kits (Biodiagnostic, Egypt) (Aftab *et al.*, 2018; Al-Hazmi *et al.*, 2021).

Proinflammatory and Proapoptotic markers: The Gene analysis was conducted with real-time PCR, and RNA was isolated from the tissue with Trizol (Invitrogen; Thermo Fisher Scientific, Inc.) as mentioned by Khamis et al. (2023). For evaluating the RNA quality, the A260/A280 ratio was analyzed by applying the NanoDrop® ND-1000 (NanoDrop Spectrophotometer Technologies; Wilmington, Delaware, United States) for 1.5µL of the RNA. A High-Capacity cDNA Reverse Transcription Kit cDNA Kit (Applied Biosystems<sup>™</sup>, USA) was used for cDNA synthesis. The RT reaction mixture was kept for 60 min at 45°C, subsequently by 10 min at 85°C to inhibit the enzyme in a Biometra 96-well thermal cycler (Applied Biosystems).

The expression level of the target genes was normalized by applying the mRNA expression of a known housekeeping gene, B-actin. Data are presented as fold-changes compared to the control group following the  $2^{-\Delta\Delta CT}$  method (Rao *et al.*, 2013).

Histology: Carcass tissues (brain, liver, and kidney) were picked, preserved in formalin, and processed by an automated processor. The initial phase was fixed and then dehydrated. The fixation was conducted by immersing the tissue for 48h in 10% formalin, after which the fixation solution was removed using distilled water for 30min. The tissues were subsequently dehydrated by immersing in elevating levels of alcohol (70, 90, and 100%) for 120 min in 70% alcohol then 90min in 90%. The dehydration was subsequently cleared using multiple cycles of xylene. The procedure involved submerging the tissue for one hour in a solution of 50% xvlene & 50% alcohol and then for an additional 1.5h in pure xylene. The specimens were then saturated with melted paraffin wax, encased, and sealed. Hematoxylin & eosin were used for 4-5µm paraffin cut sections (Suvarna and Niranjan, 2013). Blood circulation disruptions, irritation, degenerations, apoptosis, necrosis & additional histopathological alterations in the tissues were monitored.

**Statistical analysis:** The triplicate data were presented as mean  $\pm$ SE and statistically analyzed by one-way ANOVA. The data were compared for significant differences using the LSD test at P<0.05. The statistical analysis was conducted using SPSS (IBM, USA).

#### RESULTS

**Characterization of Zinc nanoparticles fabricated by** *Aspergillus fumigatus*: This study used the *Aspergillus fumigatus* strain to synthesize myogenic ZnNPs, proving its efficiency in reducing zinc nitrate from colorless to white. The morphological properties of *Aspergillus fumigatus* were colony size 200-400; stripes color was grayish; the colony surface was smooth walled; vesicle serration was uniseriate pyriform; metula covering was upper 2/3, the shape was globose small in columns and smooth conidia surface.

The biomass of *Aspergillus fumigatus* efficiently converted zinc nitrate into zinc nanoparticles, exhibiting a color change from colorless to white. The ZnNPs exhibited absorption of UV light at a wavelength of 350 nm (Fig. 1A). They possessed a spherical form (Fig. 1B), with a median diameter of 39 nm, as determined by zeta sizer analysis. Additionally, they carried a negative charge of 23.6 mV as determined by zeta potential analysis (Fig. 1C, 1D).

#### In vitro ZnNPs activities:

Antioxidant activity of ZnNPs: The zinc nanoparticles have considerable (P<0.05) scavenging activity against DPPH free radicals. The findings demonstrated a positive correlation between the concentration of ZnNPs and its antioxidant activity. The ZnNPs at the maximum concentration (100  $\mu$ g/mL) eliminated 89% of DPPH radicals. The IC<sub>50</sub> value represents the minimum concentration required to scavenge 50% of the free radicals; in this study, it was 20  $\mu$ g/mL (Fig. 2).

Anticancer activity of ZnNPs: ZnNPs concentrations have considerable anti-tumor activity against U-87 MG brain cancer cell lines. The ZnNPs concentrations gradually inhibited the brain cancer cell progress (Fig. 3 A, B, C, D), where ZnNPs (100  $\mu$ g/mL) significantly reduced 85% of cancerous cells compared to Doxorubcin (Fig. 3F). The  $IC_{50}$  of ZnNPs was (50 µg/mL), successfully inhibiting 50% of cancerous cells.

Antibacterial activity of ZnNPs: Zinc nanoparticles' concentrations (25, 50, 75, and 100  $\mu$ g/mL) have activity significant antibacterial (P<0.05) against pathogenic bacteria (Streptococcus pyogenes, Staphylococcus Listeria monocytogenes, aureus, Escherichia coli, and Salmonella Typhi, Klebsiella pneumoniae). The inhibition zones' diameters increased in a concentration-dependent manner. S. aureus showed the most sensitivity to ZnNPs (100 µg/mL), with an inhibition zone diameter (IZD) of 33 mm. S. pyogenes had a slightly lower sensitivity with an IZD of 32 mm. On the other hand, Salmonella Typhi exhibited the highest resistance to ZnNPs (21 mm), followed by Klebsiella pneumoniae (22mm). The MIC values of ZnNPs against tested bacteria ranged from 10-25 µg/mL as depicted in Fig. 4.

Antiviral activity of ZnNPs: Mycogenic synthesized ZnONPs reduced 88% of the lumpy skin disease virus (LSDV) compared to 90% of Ribavirin. ZnNPs have IC<sub>50</sub> of 35.66  $\mu$ g/mL against LSDV while they have IC<sub>50</sub> of 25.12  $\mu$ g/mL on MDBK tissue culture, while Ribavirin has IC<sub>50</sub> of 29.89  $\mu$ g/mL against LSDV while it has IC<sub>50</sub> of 18.78  $\mu$ g/mL on MDBK tissue culture as described in Fig. 5.

Alzheimer activity of ZnNPs: This study aimed to assess mycogenic ZnNPs' *in vitro* inhibitory effect on the acetylcholinesterase enzyme (AChE) associated with alzheimer's disease. The results were then compared to the inhibitory activity of the conventional AChE inhibitor medicine, donepezil. The results showed that Zn nanoparticles synthesized using *Aspergillus fumigatus* (100 µg/mL) showed the highest and most promising anti-acetylcholinesterase activity, where 84% of AChE activity was inhibited with no sense with donepezil. The IC<sub>50</sub> values were 51.32 µg/mL for ZnNPs and 56.11 µg/mL for donepezil, as shown in Fig. 6.

Growth incidences: Different treatments of ZnNPs gradually raise the weight gain, which reaches the maximum at 75 ppm (83.6g) with a relative increase of 27 and 62% over the control and AlCl<sub>3</sub>-challenged groups, respectively (Table 1). The challenged group recorded the lowest weights in mice (51.3g). Adding ZnNPs to the challenged mice's diet significantly enhanced the WG to 58.7g. The high FCR explains this increase in BWG in ZnNP-treated groups (1.57) compared to (1.35) in the AlCl<sub>3</sub>-infected group, which is regulated with the ZnNPs additions. The relative organ weight showed the highest values in the challenged group (4.1g), which recovered with ZnNPs into 2.9g. No death was observed in all treatments. From the results in Table 1, the supplementation of ZnNPs considerably enhances the growth performance parameters and mitigates the adverse effects of AlCl<sub>3</sub>.

**Blood biochemistry:** Table 2 shows the blood chemistry of the AlCl<sub>3</sub>-challenged mice and the effect of ZnNPs on mitigating the Al toxicity. The liver enzyme activity considerably increased in the AlCl<sub>3</sub>-challenged group (310 and 256 U/l for ALT and AST, respectively); however, adding



Fig. 1: Characterization of biological zinc nanoparticles fabricated by Aspergillus fumigatus (A), UV absorbance at 350nm, (B) average size of 31-70nm, (C) negative charge of -23.6mV, (D) Size of zinc nanoparticles of 39nm.

Table 1: Effect of dietary treatments ZnNPs on growth performance Parameters of AlCl3-challenged mice.

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|-------------------|-----------------------|---------------------|---------------------|----------------------|-----------|-----------|---------|
| Parameters        | Control               | TI                  | T2                  | Т3                   | T4        | Т5        | p-value |
| LBW (g)           | 30.1±0.0              | 32±0.1              | 32±0.5              | 31±0.2               | 30±0.2    | 31±0.0    | 0.89    |
| FBW (g)           | 95.6±0.9c             | 105.4±0.9bc         | 110.3±2.2b          | 114.6±1.0a           | 81.3±1.5e | 89.7±2.1d | <0.0001 |
| BWG (g)           | 65.6±0.2c             | 73.4±1.1b           | 78.3±1.6b           | 83.6±1.0a            | 51.3±0.9e | 58.7±1.9d | <0.0001 |
| FCR               | 1.42±0.1bc            | I.46±0.2b           | 1.51±0.5ab          | 1.57±0.1a            | 1.35±0.6d | 1.40±0.2c | 0.04    |
| SR                | 100                   | 100                 | 100                 | 100                  | 100       | 100       | 0.9     |
| ROW               | 2.46±0.1d             | 2.49±0.2cd          | 2.52±0.1c           | 2.54±0.2c            | 4.1±0.8a  | 2.9±0.2b  | 0.036   |

Data are presented mean  $\pm$ SE. Significant differences in the same raw were indicated by different lower cases (a-e) at p<0.05 using LSD. Control was delivered basal diet; T1, control diet supplemented with 25 mg/kg ZnNPs; T2 control+50 mg/kg ZnNPs; T3 control+75 mg/kg ZnNPs; T4, AlCl<sub>3</sub>-challenged mice; T5, AlCl3-challenged mice and treated with ZnNPs (75 mg/kg). Live body weight (LBW); Final body weight (FBW); weight gain (BWG), Feed intake (FI), Feed conversion ratio (FCR), survival rate (GR), and relative organ weight (ROW).

ZnNPs to the challenged group diet regulated the enzyme activity with relative decreases of 53 and 46%, respectively. The uric acid recorded the highest values in T4 (7.2 mg/dl), which decreased by 32% in T5. The dietary ZnNPs significantly enhanced the lipid profile, where their levels in T3 were 50, 15, and 55 mg/dl for TC, LDL, and HDL.

On the other hand, the AlCl<sub>3</sub>-challenged group showed higher TC and LDL and lower HDL, but ZnNPs regulated these levels. Adding ZnNPs to mice, diet enhanced the oxidative stability in the AlCl<sub>3</sub>-challenged group, where decreased MDA and enhanced the activity of the enzymatic defense system (SOD, CAT, and GPx).

**Proinflammatory and proapoptotic markers:** The impact of dietary ZnNPs on the relative expression of the intestinal health markers (OCCU and MUC-1) in AlCl<sub>3</sub>-challenged mice is shown in Table 3. The gene expression of OCCU and MUC-1 genes appeared normal in the control, T1, T2, and T3, reflecting the intestinal health. At the same time, T4 reveals a huge upregulation in the genes of these markers. The addition of ZnNPs downregulated the gene expression by 55%.

The impact of ZnNPs supplementation on the relative expression of the liver and renal inflammatory (IL-6 and IL-1 $\beta$ ) and precancerous (Bax and caspase-3) markers in AlCl<sub>3</sub>-challenged mice were expressed in Table 3. The expression of renal inflammatory markers and precancerous markers were regular in control, T1, T2, and T3; conversely, they revealed a significant rise in T4. The mice in T5 revealed a considerable improvement in the expression of the liver and renal inflammatory (IL-6, IL-1 $\beta$ ) and precancerous (Bax and caspase-3) markers compared to T4.

**Histological observation:** The liver sections of control mice and ZnNPs-fed mice (25, 50, and 75 mg/kg) showed normal hepatic central vein and hepatic cords and typical histological structure of hepatic lobule (Fig. 7IA, B, C, D), the AlCl<sub>3</sub>-challenged mice showed perivascular collagen fibers deposits (star) adjacent severe acute cell swelling and focal hepatic necrosis (Fig. 7IE). The ZnNPs treatment (75 mg/kg) in AlCl<sub>3</sub>-challenged mice showed normal liver tissue structure recovery with mild peribiliary lymphocytic infiltrations (Fig. 7IF).

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**Fig. 2:** Antioxidant activity of ZnNPs fabricated by Aspergillus fumigatus against DPPH free radicals. The significant differences between concentrations are indicated by lowercase letters (a-c) above columns at P<0.05.



**Fig. 3:** Cytotoxicity of ZnNPs fabricated by Aspergillus fumigatus against brain cancer cell lines. (A) control brain cancer cell lines, (B) the inhibitory effect of ZnNPs (50  $\mu$ g/mL) on brain cancer cell lines, (C) the inhibitory effect of ZnNPs (75  $\mu$ g/mL) on brain cancer cell lines, (D) the inhibitory effect of ZnNPs (100  $\mu$ g/mL) on brain cancer cell lines, (F) The % inhibition of brain cancer cell lines of ZnNPs concentrations compared to Doxorubcin.

On the other hand, kidney sections showed normal renal parenchyma and typical renal architectures in control and ZnNPs-fed mice (25, 50, and 75 mg/kg) (Fig. 7II A, B, C, D), the AlCl<sub>3</sub>-challenged mice showed hypertrophied blood vessels in pelvic region which vacuolated media, interstitial, perivascular inflammatory edema and an adjacent large area of necrotic tubules (Fig. 7IIE) while the AlCl<sub>3</sub>-challenged mice and treated with ZnNPs (75 mg/kg) showed standard renal architectures with mild perivascular edema (Fig. 7IIF), indicating the mitigative effect against the Al toxicity on kidney.

The brain histology sections are presented in Fig. 7III. The control groups and ZnNPs-fed mice (25, 50, and 75 mg/kg) showed normal brain tissue (Fig. 7III A, B, C, D), the Al toxicity caused prominent perivascular edema (star) with a little dark degenerated neuron (Fig. 7IIIE), meanwhile the AlCl<sub>3</sub>-challenged mice and treated with ZnNPs (75 mg/kg) showed normal brain tissues with mild perivascular edema, mild demyelination (Fig. 7IIIF).



**Fig. 4:** Antibacterial activity of ZnNPs fabricated by Aspergillus fumigatus against pathogenic bacteria Streptococcus pyogenes (SP), Listeria monocytogenes (LM), Staphylococcus aureus (SA), Escherichia coli (EC), Salmonella Typhi (ST) and Klebsiella pneumoniae (KP). The significant differences between samples are indicated by lowercase letters (a-f) above columns at P<0.05.



Fig. 5: In vitro antiviral activity of ZnNPs fabricated by Aspergillus fumigatus against LSDV activity. The significant differences between samples are indicated by lowercase letters (a-d) above columns at P<0.05.



Fig. 6: In vitro anticholinesterase activity of ZnNPs fabricated by Aspergillus fumigatus against AChE activity. The significant differences between samples are indicated by lowercase letters (a-c) above columns at p<0.05.



**Fig. 7:** Photograph of liver sections stained by H&E, magnification power (100X). (A, B, C, and D) control and three mice groups delivered 25, 50, and 75 mg/kg of ZnNPs showed normal liver structure as control, E) AlCl<sub>3</sub>-challenged mice showed perivascular collagen fibers deposits (star) adjacent severe acute cell swelling, and F) showed the mitigating effect of ZnNPs 75 mg/kg on aluminum toxicity by the gradual recovery of the normal liver tissues. Photograph of kidney sections stained by H&E, magnification power (100X). (A, B, C, and D) control and three mice groups delivered 25, 50, and 75 mg/kg of ZnNPs showed normal kidney histological structure as control, E) AlCl<sub>3</sub>-challenged mice showed interstitial, perivascular inflammatory edema (star) an adjacent large area of necrotic tubules, and F) showed the mitigating effect of ZnNPs 75 mg/kg on aluminum toxicity by the gradual recovery of the normal kidney tissues. Photograph of brain sections stained by H&E, magnification power (100X). (A, B, C, and D) control and three mice groups delivered 25, 50, and 75 mg/kg of ZnNPs showed normal kidney histological structure as control, E) AlCl<sub>3</sub>-challenged mice showed interstitial, perivascular inflammatory edema (star) an adjacent large area of necrotic tubules, and F) showed the mitigating effect of ZnNPs 75 mg/kg on aluminum toxicity by the gradual recovery of the normal kidney tissues. Photograph of brain sections stained by H&E, magnification power (100X). (A, B, C, and D) control and three mice groups delivered 25, 50, and 75 mg/kg of ZnNPs showed normal cardiomyocyte fibers with mild intramuscular congested blood vessels, E) AlCl<sub>3</sub>-challenged mice showed the mitigating effect of ZnNPs 75 mg/kg on aluminum toxicity by the gradual recovery of the normal brain tissues.

 Table 2: Effect of dietary treatments ZnNPs on serum kidney and liver function, lipid profile and immunity parameters of AlCl<sub>3</sub>-challenged mice.

| Sorum parameters           | Treatments (mg/kg) |           |            |           |           |            | Dualua    |  |
|----------------------------|--------------------|-----------|------------|-----------|-----------|------------|-----------|--|
| Ser uni par ameters        | Control            | TI        | T2         | Т3        | T4        | T5         | - r value |  |
| Liver and Kidney functions |                    |           |            |           |           |            |           |  |
| AST (U/L)                  | 125±2.1a           | 115±3.0b  | 112±3.0c   | 109±1.9e  | 256±3.2   | 119±1.2d   | <0.0001   |  |
| ALT (U/L)                  | 160±0.2a           | I 56±0.2b | 150±0.2c   | 142±0.1d  | 310±0.1   | 165±0.1c   | <0.0001   |  |
| Creat. (mg/dL)             | 0.33±0.01          | 0.34±0.02 | 0.35±0.01  | 0.31±0.00 | 0.36±0.02 | 0.32±0.01  | 0.99      |  |
| Uric acid (mg/dL)          | 5.6±0.3a           | 4.6±0.6b  | 4.2±0.2c   | 3.5±0.3d  | 7.2±0.5   | 4.9±0.5c   | 0.001     |  |
| Lipid profile              |                    |           |            |           |           |            |           |  |
| TC (mg/dL)                 | 75±1.1a            | 69±0.8b   | 61±1.2b    | 50±1.8d   | 125±1.1   | 65±1.5c    | <0.0001   |  |
| LDL (mg/dL)                | 20±0.2a            | 18±0.4b   | 17±0.8c    | 15±0.2d   | 50±0.6    | 22±0.8c    | 0.001     |  |
| HDL (mg/dL)                | 36±0.6c            | 42±0.8b   | 49±0.7b    | 55±1.1a   | 25±0.8    | 35±0.5b    | 0.001     |  |
| Abdominal fat              | 1.2±0.1a           | 1.0±0.2ab | 0.85±0.01b | 0.70±0.0c | 1.45±0.2  | 0.79±0.01b | 0.001     |  |
| Antioxidant status         |                    |           |            |           |           |            |           |  |
| MDA (nmol/mL)              | 2.1±0.5            | 1.5±0.3   | 0.89±0.03  | 0.31±0.02 | 4.8±0.2   | 2.8±0.3    | <0.0001   |  |
| SOD (U/mL)                 | 3.5±0.6            | 4.2±0.5   | 5.1±0.9    | 6.2±0.5   | 2.1±0.2   | 4.4±0.5    | <0.0001   |  |
| CAT (U/mL)                 | 5.2±0.3            | 5.6±0.6   | 6.3±0.3    | 7.6±0.5   | 4.2±0.3   | 5.9±0.2    | <0.0001   |  |
| GPx (Ù /mĹ)                | 25±0.1             | 29±0.2    | 33±0.3     | 35±0.1    | 12±0.1    | 21±0.1     | <0.0001   |  |

Aspartate Aminotransferase (AST), Alanine Transaminase (ALT), Creatinine (Create.), Total cholesterol (TC), low density lipoprotein (LDL), High density lipoprotein (HDL), Immunoglobin G (IgG), Immunoglobin A (IgA), Malondialdehyde (MDA), superoxide dismutase (SOD), Catalase (CAT), Peroxidase (GPx). Data are presented mean ±SE, Significant differences in the same raw were indicated by different lower cases (a-e) at p<0.05 using LSD. Control was delivered basal diet; T1, control diet supported with 25 mg/kg ZnNPs; T2 control+ 50 mg/kg ZnNPs; T3 control+ 75 mg/kg ZnNPs; T4, AICI<sub>3</sub>-challenged mice; T5, AICI<sub>3</sub>-challenged mice and treated with ZnNPs (75 mg/kg).

**Table 3:** The effect of dietary ZnNPs on the relative expression of the proinflammatory cytokines (OCCU and MUC-1, IL-1β, IL-6), and precancerous markers (BAX and Casp-3) in AlCl<sub>3</sub>-challenged mice.

| Genes   | Proinflammatory markers |            |           |           | Precancerous markers |           |  |
|---------|-------------------------|------------|-----------|-----------|----------------------|-----------|--|
|         | OCCU                    | MUC-I      | IL-Iβ     | IL-6      | BAX                  | Casp-3    |  |
| Control | 1±0.01ab                | 1.1±0.02ab | 1.1±0.03e | l±0.3d    | l±0.2e               | 1.04±0.1e |  |
| ΤI      | 0.5±0.02b               | 0.6±0.01b  | 2.1±0.2c  | 1.6±0.3c  | 2.5±0.1c             | 1.8±0.2c  |  |
| T2      | 0.3±0.01c               | 0.4±0.03b  | 1.6±0.1d  | 1.3±0.2cd | 1.7±0.2d             | 1.4±0.5d  |  |
| Т3      | 0.12±0.03d              | 0.16±0.01c | 1.3±0.2de | 1.1±0.1d  | 1.3±0.1e             | 1.2±0.2e  |  |
| T4      | 1.3±0.1a                | 1.5±0.2a   | 10±0.9a   | 9.8±0.8a  | 13±0.7a              | 7.8±0.9a  |  |
| T5      | 0.61±0.02b              | 0.7±0.02b  | 4.2±0.5b  | 3.8±0.2b  | 5.2±0.2b             | 2.9±0.2b  |  |

Control was fed basal diet; T1, control+25 mg/kg ZnNPs; T2 control+50 mg/kg ZnNPs; T3 control+75 mg/kg ZnNPs; T4, AlCl<sub>3</sub>-challenged mice; T5, AlCl<sub>3</sub>-challenged mice and treated with ZnNPs (75 mg/kg).

### DISCUSSION

Stress impacts many body parts and generates various physiological changes, which appear as symptoms

including headache, nausea, heartburn, and exhaustion (Moustafa and Arisha, 2020). Stress has severe and enduring adverse effects that affect the animal's growth rate, feed intake, body weight, libido, and productivity (Al-Amin *et al.*, 2016). Acute and chronic stress can be

classified depending on how long it lasts. Both acute and chronic stress induce known physiological and biological problems, in particular, because of their substantial influence on the generation of reactive oxygen species (ROS) (Bosnjak *et al.*, 2019).

The anterior pituitary releases adrenocorticotrophic hormone (ACTH) in response to stress, and the hypothalamus then releases corticotropin-releasing hormone (CRH), which ultimately causes an increase in the synthesis and release of corticosteroids, including corticosterone (CORT), in rats. Different stress reactions are triggered in tissues upon CORT release, which negatively affects the production of CRH and ACTH from the brain and pituitary glands (Dinse. External stimuli, including heat, shock, noise, radiation, hyperoxia, toxins, and physical activity, increase the formation of free radicals (ROS). Normal cells create modest amounts of ROS, but their accumulation can disrupt macromolecules, including lipids, proteins, carbohydrates, and DNA structures (Arisha et al., 2019). Thus, improving the antioxidant defenses is an effective therapeutic strategy for preventing free radical production and oxidative damage (Seyfi et al., 2020).

In this study, Al caused oxidative stress in albino mice, and the efficacy of ZnO-NPs in mitigating AlCl<sub>3</sub> toxicity was evaluated. The high exposure to AlCl<sub>3</sub> in mice induced neurological disease symptoms like Alzheimer's disease (AD). The most distinctive alteration in AD is the acetylcholinesterase enzyme elevation in (AChE) inhibitory activity. AChE is the enzyme that breaks down acetylcholine in the brain, produced by cholinergic and non-cholinergic neurons (El-Saadony et al., 2023). Inhibiting AChE can raise acetylcholine levels, which may be beneficial in treating AD. The previous findings suggest that the selected extracts have a significant ability to combat AD. This property is attributed to active compounds on the nanoparticle surfaces, which can effectively treat Alzheimer's disease. These compounds can also help prevent the progression of AD by improving cognitive function in various animal models (Bakhtiari et al., 2017; Bakoyiannis et al., 2019).

Furthermore, the findings indicated that ZnO nanoparticles manufactured using green methods exhibited the highest level of acetylcholinesterase inhibitory action, possibly attributable to the large and reactive surface area.

Zn nanoparticles have been effectively utilized as vehicles for delivering medications to specific locations, decreasing undesired harmfulness and off-target effects and ultimately enhancing the combined benefits of the treatments (Mishra *et al.*, 2017). These treatments have the potential to be productive and beneficial in the management of alzheimer's disease. Additional research should be conducted in living organisms to elucidate the precise mechanism of inhibitory effect.

ZnO-NPs receive more attention in commercial and biomedical applications due to their antibacterial, antiinflammation, anticancer, anti-diabetic actions, increased surface reactive area, bioavailability, and absorbability (Jiang *et al.*, 2018). ZnONPs have antiviral effects against several DNA and RNA viruses, such as Bovine herpes virus 1 (Zeedan *et al.*, 2020), influenza virus (H1N1) (Ghaffari *et al.*, 2019), and hepatitis viruses (Gupta *et al.*, 2022). The superiority and enhanced performance of ZnONPs compared to other antiviral metal oxide NPs can be attributed to their favorable compatibility with biological systems, affordability, high safety, and stability (Jiang *et al.*, 2018).

Our study demonstrated the antiviral effect of ZnONPs against LSDV at a concentration of 35.66  $\mu$ g/mL. To the best of our knowledge, this is the first investigation to uncover the impact of green synthesized NPs on LSDV as a DNA virus. Antiviral activity of metal-based nanoparticles depends on three mechanisms: (A) adhering to the virus and preventing it from attaching to and entering the cell; (B) destruction of the structure of viral proteins and function of viral nucleic acids due to the production of highly active oxygen and other ions and radicals that stick to the wall (spikes or membrane); and (C) emulating the nucleus to boost the host cell's immune response and prevent the virus from budding and spreading (Zhou *et al.*, 2020a).

ZnONPs' remarkable antimicrobial properties can be attributed to their increased specific surface area because the smaller particle size increases the reactivity of the particle surface (Hassan *et al.*, 2022). Additionally, zinc ions selectively inhibit viral DNA polymerase, which prevents viral replication (Gupta *et al.*, 2022).

Bami et al. (2022) investigated the potential of nano-ZnO as a significant feed additive. The study found that supplementing diets with nano-ZnO ppm diet led to positive changes in the intestinal structure. Specifically, all sections of the small intestine in the nano-ZnO diet showed a significant increase in villus height, surface area, and total goblet cell count. These birds' villus height to crypt depth ratio was significantly higher, indicating improved intestinal health. Bahrampour et al. (2021) proposed that the improved zinc absorption from the nanoparticles might cause increased villus height. This enhanced bioavailability of Zinc could help maintain the health and function of the intestinal lining, which acts as a barrier against harmful substances. Another reason for a greater villus height in the gut segment could be that acidic mucin resists bacterial degradation, resulting in less cellular damage (Skalny et al., 2021).

Furthermore, crypt evolution is required to increase the gut's cell renewal and maturation rate. The groups that received medication had significant growth improvement, as seen by lower ratings for intestinal lesions, indicating enhanced gut health. In addition, El-Katcha *et al.* (2018) found that zinc nanoparticles were more efficient than bulk zinc oxide, improving the growth markers. This is likely because Zn is a vital element for many enzymes in the body involved in metabolism. Consequently, ZnO-NPs may exhibit supplementary actions that enhance development.

The present investigation demonstrated a substantial elevation of liver markers in the serum of AlCl3-infected mice. Similarly, Xu *et al.* (2017) found that exposure to AlCl<sub>3</sub> resulted in elevated blood AST and ALT activity and induced liver histological damage. Prior research has indicated that in cases of liver injury, there is an elevation in the levels of AST and ALT, which are then discharged into the bloodstream. The high levels of AST and ALT indicate liver damage (Pratt and Kaplan, 2000).

The observed rise in blood ALT and AST levels suggests that exposure to AlCl<sub>3</sub> results in heightened permeability, injury, and necrosis of liver cells. Similarly, Türkez *et al.* (2010) found that ingesting AlCl<sub>3</sub> (34 mg/kg

body weight) increased blood AST and ALT levels. Al stress has been linked to alterations in blood lipid profiles. Following immobilization in rabbits, a marked increase in the blood's TC, LDL-c, VLDL-c, and TAG levels (Hamrayev et al., 2021) were reported. Such changes were also reported in genetically modified mice (Haj-Mirzaian et al., 2021). In rats, there has been a decrease in HDL-c concentration after immobilization, chronic unpredictable stressors, and restraint (da Silva Marques et al., 2021). The application of chronic restraint in our study increased serum TC and TAG levels, did not change LDL-c or VLDL-c, and lowered HDL-c and FFA levels. Such results indicate the induction of dyslipidemia. This can be supported by Retem et al., (2022), who stated that under stress, LDL-c levels rise while HDL-c levels fall. Rats under continuous restraint stress reported had much lower total cholesterol levels.

The effect of administration of ZnO-NPs on lipid profile is yet unclear. One study revealed that ZnO- NPs significantly improved TC and TAG levels (Abdulmalek et al., 2021). These anti-hyperlipidemic activities of ZnO-NPs may be related to the nanoparticles' improving the affected pancreatic -cells' insulin-like nature. In our study, oral administration of ZnO-NPs increased HDL-c, LDL-c, VLDL-c, and FFA but not TC or TAG in handled rats. Oral administration of ZnO-NPs decreased TC and FFA but not TAG, LDL-c, or VLDL-c in chronic restraint-stressed rats while increasing HDL-c levels. The effect of ZnO-NPs on the lipid profile could be dose/route dependent. Administration of higher levels of ZnO-NPs (25 mg/kg and 50 mg/kg) increased serum levels of triglyceride (Naji et al., 2023). Administration of comparably lesser levels of ZnO- NPs significantly decreased TAG levels (Karema El M et al., 2020).

Any incompatibility between the antioxidant system and ROS generation and any increase in free radical species would result in oxidative damage to various cell components, including lipids, proteins, and nucleic acids. Al stress may disrupt the oxidant/antioxidant equilibrium, causing a high generation of free radicals while suppressing antioxidant capacity. The current findings, like previous studies, showed that oxidative lipid peroxidation marker (MDA) levels increased under prolonged restraint stress, whereas TAC levels decreased (Nguyen and Stamper, 2020).

The results of the antioxidant activity of ZnNPs analysis demonstrated a notable reduction in the levels of SOD and CAT, suggesting the presence of oxidative damage caused by AlCl<sub>3</sub>. The treatment groups exhibited elevated levels of SOD and CAT, which aligns with the findings of a previous study that reported a substantial rise in SOD and CAT levels due to the administration of ZnNPs. Our investigation found that the scavenging activity of ZnONPs was superior to the other treatments, consistent with the findings of previous studies (Zhang et al., 2022a), which reported that supplying the inclusion of the dietary ZnNPs enhances the activity of both SOD and CAT in the blood; however, Furthermore, research has indicated that ZnONPs at a 60 mg/kg dosage exhibit favorable Cu-Zn-SOD activity. Zinc oxide nanoparticles (ZnONPs) possess a notable antioxidant activity due to the presence of Zinc, a crucial component of superoxide dismutase (SOD). This enzyme effectively combats

oxidative stress by rapidly eliminating superoxide free radicals. Zinc oxide nanoparticles (ZnONPs) exhibit antioxidant action by competing with iron and copper to bind to specific sites on cell membranes. This rivalry reduces the formation of free radicals, hence decreasing oxidative stress.

The oxidative impacts of ZnO-NPs depend on the dose of administration. Shehata et al. (2021) reported that ZnO-NPs significantly decreased the MDA level at a lower dose similar to the one used in our study. According to Li et al. (2024) ZnO-NPs can reduce MDA levels, increase antioxidant enzyme activity, and protect cell membrane integrity from oxidative stress damage. Furthermore, ZnO-NPs have a hepatoprotective impact at low dosages, either removing free radicals from the environment or stimulating antioxidant processes that detoxify free radicals (Hassan et al., 2021). However, administering higher levels of ZnO-NPs was suggested to induce oxidative stress owing to a significant decrease in the activity of antioxidant enzymes and reduced blood TAC levels in rats. MDA and total oxidant status (TOS) levels have increased significantly after exposure to a high concentration of ZnO-NPs (Goma et al., 2020).

Additionally, it is suggested that Zn enhances the synthesis of metallothionein, a protein crucial in neutralizing harmful free radicals (Giménez *et al.*, 2021). Zinc also activates antioxidant enzymes and proteins, including GPx and CAT (Koner *et al.*, 2021). The AlCl<sub>3</sub>-challenged group exhibited a significant increase in proinflammatory cytokines, as indicated by this study.

Administration of ZnNPs reduced the levels of proinflammatory cytokines, specifically interleukin-2 (IL-2) and tumor necrosis factor-alpha (TNF- $\alpha$ ). This study confirms previous findings (Zhang *et al.*, 2022a) that zinc oxide nanoparticles decrease levels of inflammatory molecules (IL-2 and TNF- $\alpha$ ) in the blood. This anti-inflammatory effect of Zinc is likely due to activation of the Nrf2/HO-1 signaling pathway (Wang *et al.*, 2024).

Nrf2 activation reduces the production of proinflammatory cytokines and promotes the production of immunoglobulins. Furthermore, (Yen *et al.*, 2021; Zhang *et al.*, 2022b) have indicated that activating the Nrf2/HO-1 pathway effectively halts the inflammatory responses mediated by TLR4. Research suggests that the antioxidant effect of ZnNPs improves growth performance.

**Conclusions:** Aluminum is crucial in inducing oxidative and inflammatory stress, disrupting the neurological system's homeostasis. The findings of this study suggest that the administration of ZnNPs as antioxidant agents in mice treated with AlCl<sub>3</sub> had beneficial effects. These agents were able to reduce the ROS response and enhance the enzymatic and nonenzymatic systems (SOD and GSH). The evidence indicates that ZnNPs can mitigate the toxicity of AlCl<sub>3</sub> in albino mice and improve the neurological and antioxidant properties.

**Competing interests:** The authors declare that they have no competing interests.

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