



RESEARCH ARTICLE

New Insights into Hemato-Biochemical and Histopathological Effects of Acetochlor in Bighead Carp (*Aristichthys nobilis*)

Yasir Mahmood¹, Abdul Ghaffar¹ and Riaz Hussain^{2*}

¹Department of Zoology, Islamia University of Bahawalpur-63100, Pakistan

²Department of Pathology, Faculty of Veterinary Sciences, Islamia University of Bahawalpur-63100, Pakistan

*Corresponding author: driazhussain@yahoo.com; dr.riaz.hussain@iub.edu.pk

ARTICLE HISTORY (21-334)

Received: August 17, 2021
Revised: October 12, 2021
Accepted: October 13, 2021
Published online: October 14, 2021

Key words:

Acetochlor
Bighead carp
Blood-biochemistry
Brain
Heart
Histopathology

ABSTRACT

Acetochlor, an emerging herbicide is frequently used on maize and different other cereal crops to control weeds. Due to extensive and persistent applications, acetochlor may enter into nearby aquatic ecosystem and cause adverse effects on different animals. The residues of this herbicide via food chain can induce toxic impacts on different animals including public health. Therefore, it is crucial to investigate the toxic effects of acetochlor in exposed organisms. The current trial was aimed to know the deleterious effects of acetochlor in fresh water fish. A total of 80 fish were obtained and indiscriminately retained in 4 groups each containing 20 fish. Fish retained in groups (B-D) were exposed to acetochlor mixed in water @ 300, 400 and 500 µg/L respectively. Blood and different visceral tissues were collected at days 12, 24 and 36 of trial for hematological and histopathological studies. Different behavioral and physical ailments were observed in a time and concentrations manners. Results exhibited significantly ($P < 0.05$) lower hematological profile including erythrocyte counts, hemoglobin, monocyte and lymphocyte count. The serum biochemistry analysis exhibited that the quantity of liver function tests, renal function tests, cholesterol, glucose, and triglyceride in treated fish increased significantly ($P < 0.05$). Histopathological observation showed necrosis, increased Bowman's space and renal tubular degeneration in kidneys. Various microscopic ailments in liver like, hemorrhages, edema, atrophied hepatocyte and hepatocyte with eccentric nuclei were observed in exposed fish. Necrotic neurons, microgliosis and degeneration of neurons in brain while hemorrhages, edema, and neutrophilic myocarditis was observed in heart of treated fish. The findings of our experimental research suggested that acetochlor exerts toxic effects on fresh water fish.

To Cite This Article: Mahmood Y, Ghaffar A and Hussain R, 2021. New insights into Hemato-biochemical and Histopathological effects of Acetochlor in bighead carp (*Aristichthys nobilis*). Pak Vet J, 41(4): 538-544. <http://dx.doi.org/10.29261/pakvetj/2021.072>

INTRODUCTION

From the last few years, pesticides are becoming serious threat because of their indiscriminate applications in agriculture, aquatic environment, public health for environmental protection and in veterinary practices (Hussain *et al.*, 2011; Hussain *et al.*, 2019; Ghaffar *et al.*, 2021). Unintentional contact to pesticides, such as herbicides and fungicides in marine and terrestrial ecosystems causes different ailments in animals (Hussain *et al.*, 2012; Ghaffar *et al.*, 2019; Ghaffar *et al.*, 2020). Numerous reports have shown that marine life is more vulnerable to several contaminants than terrestrial organisms because a wide range of toxic substances from

different sources including industries, agriculture and production sites are quickly and readily entered into aquatic ecosystem (Sivashanmugam *et al.*, 2017; Baralic *et al.*, 2020; Warra and Prasad, 2020). Studies have shown that exposure to different compounds such as by-products of different disinfectants, fluorinated substance, herbicides, pesticides and other synthetic chemicals (Hussain *et al.*, 2012; Hussain *et al.*, 2014; Faheem and Bhandari, 2021; Akram *et al.*, 2021) exert toxic effects on wildlife. The residues of these chemicals in food chain induce deleterious effects on public health, disrupt the metabolic activities and multiple organ dysfunctions in variety of exposed species (Auon *et al.*, 2014; Hussain *et al.*, 2019; Scarano *et al.*, 2019; Zhou *et al.*, 2019; Faheem

et al., 2020; Ghaffar *et al.*, 2020). Acetochlor, a chlorinated herbicide is commonly used on maize, soybeans, sugar beets and various other crops to control broad leaf weeds (Gianessi and Reigner, 2007; Jia *et al.*, 2020). Acetochlor can reach to marine species by absorption, and that dermal interaction with infected water causes behavioral and physical changes such as impairment of locomotion and swimming habits. The organisms present in aquatic ecosystems are very delicate (Ghaffar *et al.*, 2014; Ghaffar *et al.*, 2015). Contaminants, such as pesticides may have devastating consequences on these ecosystems. Furthermore, marine environments are commonly exposed to many environmental stressors. The chemical stressors often combine or synergize and induce adverse toxic effects. Fish are the most vulnerable marine animals to different synthetic chemicals and are valuable biomarkers for monitoring the quality of the aquatic environment (Ghaffar *et al.*, 2016; Hussain *et al.*, 2018; Sjerps *et al.*, 2019; Peña *et al.*, 2020). Earlier reports have shown that pesticides causes toxicity by rapid generation of free radicals and oxidative stress ultimately resulting in a variety of abnormalities in various organs (Ghaffar *et al.*, 2015a; Ghaffar *et al.*, 2015b; Ghaffar *et al.*, 2018). Blood and biochemical profile are the main targets of toxicity in fish and can be used as valuable bio-indicators (Akram *et al.*, 2021; Ghaffar *et al.*, 2021; Aranha *et al.*, 2021; Faheem *et al.*, 2021). Furthermore, estimations of differences in blood and serum biochemistry values including proteins and enzymes are frequently employed to determine the patho-physiological ailments in aquatic animals (Ghaffar *et al.*, 2020; Yamin *et al.*, 2020; Latif *et al.*, 2020; Rehman *et al.*, 2021; Naz *et al.*, 2021). There is little information on the toxicity of acetochlor to freshwater fish, particularly Bighead carp. Hence, we sought to assess the toxicity of acetochlor at sublethal doses in fresh water carp.

MATERIALS AND METHODS

Acetochlor and study reagents: Acetochlor was purchased from commercial market district Lodhran (M/S Ali Akbar Enterprises, Pakistan) Pakistan. Merck (Germany) and Sigma Aldrich (USA) provided several analytically graded compounds (USA). Various commercial kits were bought from Randox Company (Pvt.) Pakistan for the determination of serum biochemical parameters.

Experimental species and management: A total of 80 fresh water fish Bighead carp (*Aristichthys nobilis*) having similar body mass (140-155 g), size and age were bought from a local commercial fish farm (District Bahawalnagar), Punjab province, Pakistan. The experimental test specimens were placed in plastic bags containing suitable oxygen and shifted to laboratory. For acclimatization, the test specimens were retained in glass aquaria for 10 days. All of the experimental fish were fed commercial feed daily, early in the morning and late in the evening. All the leftover feed and fecal constituents were removed from all aquaria.

Experimental treatments: After the fish were acclimatized, all experimental fish were classified into

four groups (A-D) with 20 specimens in each group. The water carrying capacity of each aquarium was 100L. Fish retained in group A were known as untreated (control group) while fish of other groups were treated as experimental specimens. Acetochlor was dissolved in distilled water, and the experimental organisms in groups (B, C and D) were exposed to 300, 400 and 500 µg/L for 36 days. Residual feed and fecal components were strained and eliminated on regular basis during the study. All of the experimental test specimens were examined for any evident clinical or behavioral problems.

Hematological analyses: Blood sample (2.0-2.5 ml) was obtained from five fish with help of 26 gauge sterile needle. The blood was collected from caudal vein of fish on days 12, 24 and 36 of the trial. After collection, about 02 mL blood was centrifuged for serum separation, and 0.5 mL of blood was placed in anticoagulant (EDTA) coated glass test tubes for haematological analysis. Various blood parameters were examined, including red blood count, total and differential leukocyte count, haemoglobin, and hematocrit (Hussain *et al.*, 2020; Ghaffar *et al.*, 2021), while total proteins were measured according to earlier methods (Hussain *et al.*, 2019; Ghaffar *et al.*, 2020) at days 12, 24 and 36 of the trial.

Physical and Pathological Parameters: Five fish were haphazardly picked, weighed, euthanized, and necropsied from each group after blood collection. The liver, gills, brain, kidneys, and heart were separated, weighed, and fixed in a 5% paraformaldehyde solution. The visceral organs were then processed for histological examinations. Approximately 5µm thick slices were cut with a rotary microtome, dehydrated in alcohol, cleaned in xylene, and stained with Hematoxylin and Eosin (Ghaffar *et al.*, 2021).

Serum Biochemistry: Various serum biochemical parameters such as liver and renal function tests, serum albumin, total proteins, alkaline phosphatase, glucose, triglycerides, cholesterol, and lactate dehydrogenase were determined using commercial kits by chemistry analyzer (Hussain *et al.*, 2019; Ghaffar *et al.*, 2021).

Statistical analysis: The data from our study were analyzed using ANOVA with IBM SPSS statistics (version 20) software, and the group average values were compared using a post hoc Tukey's test. The threshold for a significant difference was set at $P < 0.05$.

RESULTS

Results on physical profile of fish treated with various concentrations of acetochlor like body mass, absolute and relative weight of different organs are presented in table 1. The body mass of fish of group D exposed to higher level of acetochlor significantly reduced at day 36 of the trial. Results exhibited significantly increased absolute weight of brain and gills of fish kept in group D at day 36. A significantly increased absolute weight of liver and kidneys was recorded in fish of group D at all experimental days. The results on relative weight of various visceral tissues (Table 2) like liver, gills, kidneys and brain exhibited significant changes in treated fish.

Table 1: Body weight and absolute weight of different visceral tissues of bighead carp exposed to different concentrations of Acetochlor

Parameters/ days	Groups/Treatments			
	A (0.0)	B (300 µg/L)	C (400 µg/L)	D (500 µg/L)
Body weight (g)				
12	165.8±2.05	162.2±3.79	162.2±3.40	159.5±1.83
24	167.7±4.33	161.5±3.01	161.1±3.25	158.75±2.22
36	168.5±4.20	164.3±1.96	160.2±1.66	156.25±1.22*
Absolute weight of brain (g)				
12	0.72±0.26	0.71±0.25	0.74±0.20	0.76±0.20
24	0.73±0.25	0.72±0.01	0.75±0.24	0.78±0.29
36	0.70±0.24	0.73±0.23	0.76±0.24	0.87±0.11*
Absolute weight of gills				
12	4.66±0.47	4.83±0.52	5.06±0.45	5.17±0.39
24	5.06±0.43	5.04±0.48	5.07±0.91	5.61±0.88
36	5.07±0.43	5.28±0.39	5.58±0.49	7.83±0.50*
Absolute weight of Kidneys				
12	0.54±0.08	0.53±0.05	0.57±0.09	0.71±0.19*
24	0.56±0.04	0.63±0.13	0.58±0.17	0.78±0.04*
36	0.59±0.07	0.66±0.06	0.77±0.16	0.89±0.19*
Absolute weight of Liver				
12	0.74±0.17	0.74±0.85	0.76±0.05	0.88±0.04*
24	0.75±0.09	0.78±0.07	0.79±0.24	0.89±0.09*
36	0.77±0.19	0.81±0.04	0.89±0.12	0.99±0.21*

Values with sign (*) are exhibiting significant (P<0.05) difference from control.

Table 2: Relative weight of various organs of fresh water fish treated with different levels of Acetochlor

Parameters/ days	Groups/Treatments			
	A (0.0)	B (300 µg/L)	C (400 µg/L)	D (500 µg/L)
Liver				
12	0.28±0.04	0.28±0.03	0.31±0.04	0.37±0.12*
24	0.31±0.06	0.29±0.06	0.33±0.05	0.38±0.14*
36	0.31±0.04	0.32±0.08	0.39±0.12*	0.42±0.13*
Gills				
12	2.97±0.27	3.15±0.24	3.16±0.29	3.84±0.32*
24	3.05±0.26	3.08±0.35	3.48±0.54	3.89±0.12*
36	3.08±0.24	3.09±0.28	3.94±0.35*	3.98±0.22*
Kidneys				
12	0.35±0.06	0.34±0.04	0.34±0.06	0.45±0.13*
24	0.37±0.04	0.39±0.08	0.35±0.13	0.46±0.05*
36	0.36±0.05	0.38±0.04	0.49±0.09*	0.49±0.14*
Brain				
12	0.33±0.17	0.35±0.17	0.37±0.18	0.38±0.19
24	0.37±0.15	0.34±0.02	0.39±0.16	0.59±0.13*
36	0.35±0.16	0.37±0.14	0.39±0.15	0.59±0.19*

Values with sign (*) are exhibiting significant (P<0.05) difference from control.

The relative weight of liver, gills and kidneys was significantly increased in fish of group D throughout the experiment exposed to higher concentrations of acetochlor while in fish of group C at day 36 of experiment. The results on different blood profile of bighead carp treated with acetochlor are shown in table 3. Red blood cell count, hematocrit and hemoglobin quantity was significantly decreased in bighead carp of group C at day 36 while in fish of group D at all experimental intervals compared to untreated fish. Results exhibited decreased values of lymphocytes in treated fish compared to control fish. The results revealed significantly increased values of total white blood cell count and neutrophil count in acetochlor treated fish at higher concentrations. Results exhibited decreased values of lymphocytes in treated fish compared to control fish. Results on serum biochemistry indicated that the quantity of serum albumin and total proteins significantly decreased in bighead carps kept in group D at day 36 of the exposure compared to control specimens. The quantity of aspartate aminotransferase and

Table 3: Blood profile of fresh water fish treated with various levels of Acetochlor

Parameters/ days	Groups/Treatments			
	A (0.0)	B (300 µg/L)	C (400 µg/L)	D (500 µg/L)
Red blood cell count (10 ⁹ /mm ³)				
12	4.84±0.19	4.77±0.19	4.76±0.17	3.38±0.04*
24	5.06±0.29	4.74±0.28	4.66±0.04	3.34±0.12*
36	5.03±0.08	4.71±0.12	3.84±0.17*	3.29±0.19*
Hemoglobin concentration (g/dl)				
12	8.87±0.24	8.74±0.32	7.93±0.29	6.92±0.19*
24	9.04±0.31	8.39±0.48	7.89±0.17	6.82±0.27*
36	9.09±0.21	8.69±0.29	6.46±0.14*	6.31±0.22*
White blood cell counts (10 ⁶ /mm ³)				
12	12.56±0.22	15.08±0.43	15.45±0.52	16.68±0.51*
24	13.02±0.42	14.95±0.23	16.29±0.45*	18.48±0.36*
36	12.57±0.62	14.29±0.43	17.23±0.29*	18.97±0.32*
Hematocrit (%)				
12	34.15±2.38	35.79±0.95	32.9±0.97	24.71±0.59*
24	35.19±0.42	34.74±1.02	32.53±0.96*	23.49±0.26*
36	36.51±0.33	32.79±0.37	26.36±0.33*	23.31±0.30*
Lymphocytes (%)				
12	18.62±0.55	17.51±0.35	15.86±0.19	15.56±0.17
24	20.35±0.19	17.21±0.38	16.80±0.42	13.68±0.18*
36	19.98±0.37	17.16±0.36	16.32±0.30	12.76±0.18*
Neutrophils (%)				
12	15.79±0.23	17.38±0.27	19.68±0.66*	22.51±0.37*
24	15.98±0.27	17.28±0.30	19.79±0.80*	22.76±0.44*
36	15.90±0.24	17.36±0.27	19.80±0.70*	22.63±0.34*

Values with sign (*) are exhibiting significant (P<0.05) difference from control.

alkaline phosphatase enzymes were significantly increased in treated bighead carps in group C at day 36 while in group D at days 24 and 36 of experiment as compared to non-treated fish. The results showed significantly increased levels of lactate dehydrogenase in treated fish at days 24 and 36 of trial in group D. The results on biomarkers of kidneys like urea and creatinine significantly increased in groups C and D at days 24 and 36 of trial. The concentrations of serum cholesterol, glucose and triglycerides increased significantly in fish of group D exposed to higher doses of acetochlor (Table 4).

At histopathological level, different microscopic changes including increased sinusoidal spaces, congestion, edema, atrophy of cytoplasm of hepatocyte, karyolysis, pyknosis in liver of bighead carp of groups C and D (Fig. 1) treated with acetochlor at higher doses after day 24 of the experiment. Different histopathological lesions like edema, melanomacrophage accumulation, congestion, ceroid formation, increased Bowman's space, disintegration of glomeruli, atrophy of renal tubules and necrosis of renal tubular cells was examined in kidneys of fish after day 24 of exposure to herbicide (Fig. 2). Different histopathological lesions in various sections of gills of treated fish retained in groups (C-D) like congestion, disorganization of primary and secondary lamellae, degeneration of cartilaginous core, necrosis of lamellar cells, sloughing of lamellar epithelium of deformation, lamellar fusion and uplifting of lamellae were observed (Fig. 3). Microscopic examination of different sections of heart of fish in groups C and D indicated different pathological lesions like neutrophilic inflammatory response, congestion, edema and degeneration and disorganization of cardiac muscles (Fig. 4). Microscopic examination of different sections of brain of treated fish retained in groups (C-D) after day 24 of experimental trial exhibited necrosis of neurons, degeneration of neurons in cerebellum and microgliosis (Fig. 5).

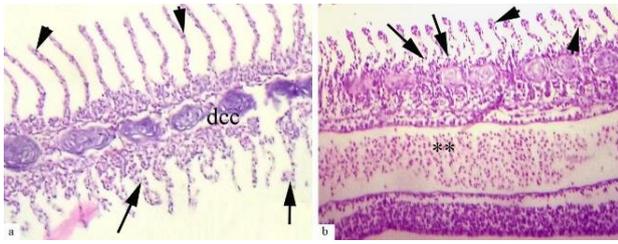


Fig. 1: Photomicrograph of gills of treated fish exhibiting a) degeneration of cartilaginous core (dcc), necrosis of secondary lamellar epithelial cells (arrows heads) and sloughing of epithelium of secondary lamellae. a) Hemorrhages (***) , degeneration of primary lamellae (arrows) and necrosis of secondary lamellar epithelial cells (arrows heads) at days 36 of experiment in groups C and D respectively. (400X, H&E stain).

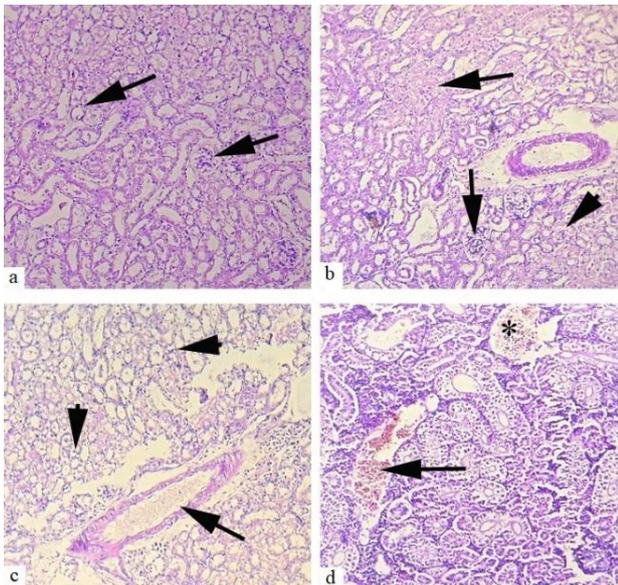


Fig. 2: Photomicrograph of kidneys of treated fish exhibiting a) degeneration of renal tubules (arrows). b) Inflammatory cells (arrows) and necrosis of tubular cells (arrow head). in group C while c) necrosis of tubular epithelial cells (arrow heads) and congestion (arrow). d) Inflammatory cells (*) and ceroid formation (arrow) in fish of group D at day 36 of experiment. (400X, H&E stain).

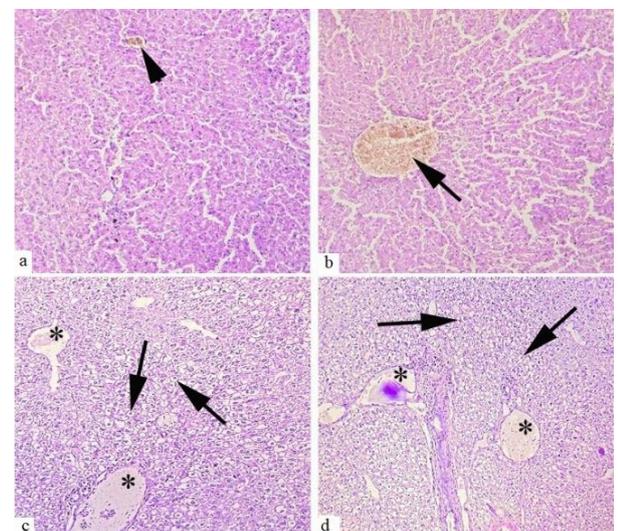


Fig. 3: Photomicrograph of liver of treated fish exhibiting a) ceroid formation (arrow head) and b) ceroid formation (arrow) at day 36 while c) edema (*) and necrosis of hepatocyte (arrows), d) necrosis of hepatocytes (arrows) and edema (*) in fish of group D at day 36. (400X, H&E stain).

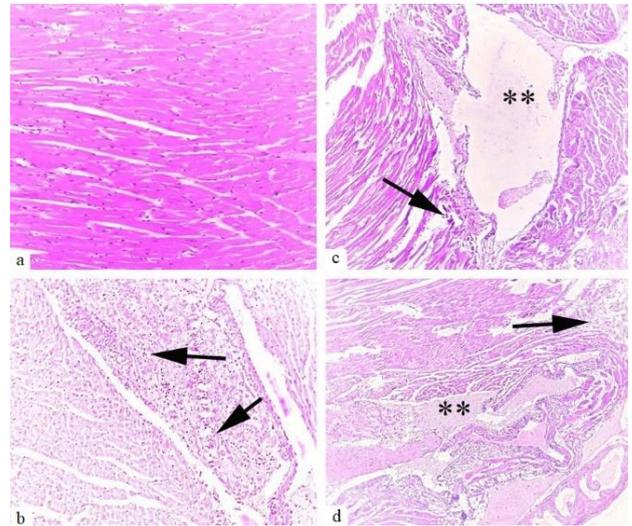


Fig. 4: Photomicrograph of heart of treated fish a) normal heart. b) showing disruption of muscles of heart of group C at day 36 while c) edema (**) and break down of cardiac muscles (arrow). d) edema and inflammatory cells in fish of group D at day 36 of research. (400X, H&E stain).

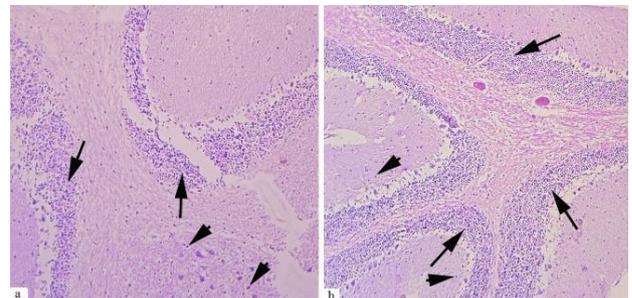


Fig. 5: Photomicrograph of brain of treated fish a) exhibiting microgliosis (arrows) and atrophy of neurons (arrow heads) in fish of group C and b) necrosis of neurons (arrow head) and microgliosis (arrows) at day 36 of research in fish of group D. (400X, H&E stain).

DISCUSSION

Acetochlor is a common herbicide which is commonly used in the Middle East and different other regions across the globe. Its widespread use has created chaos on the ecosystem, land and water. Acetochlor has a direct influence on the agro-ecosystem by altering various biological activities such as soil organic matter decomposition, soil nutrient availability and reducing the abundance and diversity of non-target organisms. Aquatic species, especially fish are frequently encountered to variety of environmental pollutants (Akram *et al.*, 2021, Ghaffar *et al.*, 2021; Faheem and Bhandari, 2021). In this study, the absolute weight of different tissues of fish except brain was elevated whereas the relative weight of visceral organs decreased. Previously little evidences are available about the toxic effects of acetochlor poisoning on different visceral organs. However, albino rats treated with a high dose of toxicant showed an increase in relative weight of liver and kidneys (Nassar, 2020). Hematological features are regarded as the most important biomarkers of physiological stress in a variety of animals including terrestrial and aquatic life (Ghaffar *et al.*, 2017a; Ghaffar *et al.*, 2017b; Akram *et al.*, 2021). In the current study, lower blood values in treated fish could be related to rapid oxidation of haemoglobin and break down of red blood

Table 4: Serum biochemistry values fresh water fish treated with various doses of Acetochlor.

Parameters/ days	Groups/Treatments			
	A (0.0)	B (300 µg/L)	C (400 µg/L)	D (500 µg/L)
Albumin quantity (mg/dL)				
12	2.85±0.03	2.81±0.01	2.77±0.03	2.35±0.07*
24	2.81±0.02	2.77±0.05	2.72±0.04	2.16±0.01*
36	2.79±0.09	2.74±0.07	2.70±0.08	2.09±0.01*
Total proteins (mg/dL)				
12	3.89±0.28	3.72±0.02	3.65±0.02	3.28±0.08*
24	3.83±0.32	3.63±0.03	3.54±0.03	3.14±0.17*
36	3.95±0.13	3.49±0.04	3.44±0.04	2.98±0.04*
Aspartate aminotransferase (U/L)				
12	14.65±0.06	15.05±0.06	15.35±0.06	15.75±0.16
24	15.07±0.09	15.55±0.03	16.05±0.06	18.52±0.11*
36	15.11±0.13	16.60±0.11	18.90±0.13*	19.93±0.13*
Alkaline phosphatase (U/L)				
12	25.55±0.13	26.17±0.11	26.82±0.11	27.45±1.05
24	26.15±0.11	26.82±0.11	27.47±0.11	31.15±1.10*
36	26.41±0.03	27.23±0.13	31.10±0.13*	33.91±1.13*
Alanine aminotransferase (U/L)				
12	22.05±0.05	22.45±0.05	22.75±0.05	23.15±0.06
24	22.45±0.20	23.07±0.19	23.72±0.11	27.35±0.10*
36	23.13±0.13	23.93±0.11	28.80±0.14*	29.62±0.13*
Lactate dehydrogenase (U/L)				
12	248.35±3.19	249.55±4.19	250.75±1.19	251.95±2.19
24	251.72±5.48	254.67±4.48	257.62±2.48	267.61±3.48*
36	253.33±3.60	257.22±3.60	260.71±2.60	274.4±4.60*
Urea (mg/dL)				
12	8.32±0.07	8.57±0.02	8.81±0.08	9.06±0.04
24	8.58±0.04	8.87±0.03	10.56±0.05*	10.75±0.05*
36	8.74±0.03	9.02±0.01	10.79±0.05*	11.57±0.05*
Creatinine (mg/dL)				
12	1.16±0.01	1.18±0.02	1.20±0.03	1.22 ±0.05
24	1.20±0.04	1.22±0.03	1.54±0.06*	1.67±0.04*
36	1.27±0.03	1.29±0.01	1.57±0.08*	1.73±0.03*
Cholesterol (mg/dL)				
12	154.6±2.17	155.71±3.11	156.81±3.17	157.93±3.17
24	156.5±1.39	158.92±3.39	161.22±2.39	166.62±4.39*
36	158.91±1.49	162.05±2.35	163.15±3.49	169.25±2.29*
Glucose (mg/dL)				
12	29.25±1.16	30.17±1.13	31.125±2.15	32.05±1.15
24	29.55±1.19	30.75±1.15	31.95±2.13	35.15±1.19*
36	30.65±1.17	31.81±1.12	33.15±2.19	37.35±1.18*
Triglycerides (mg/dL)				
12	171.67±2.34	173.75±0.32	175.85±1.32	177.92±3.34
24	173.21±2.35	175.43±1.33	177.61±1.64	189.81±3.34*
36	176.25±2.41	178.75±2.21	181.25±1.91	193.75±3.41*

Values with sign (*) are exhibiting significant (P<0.05) difference from control.

cells (Gul *et al.* 2021; Akram *et al.*, 2021). At increased doses of acetochlor, results exhibited a decrease in RBCs, an increase in WBCs and neutrophils counts. An increase in neutrophil count might be the result of immunological responses to damage in exposed big head carp tissues. Similar findings in *Oreochromis niloticus* (Fathy *et al.*, 2019) subjected to varied doses of acetochlor included decreased red blood cells, haemoglobin, decreased lymphocytes, and increased white blood cells. *Cirrhinus mrigala* (Ghayyur *et al.*, 2019), *Heteropneustes fossilis* (Aker *et al.*, 2020), *Clarias gariepinus* (Woryi and al., 2020), and *Cyprinus carpio* (Vali *et al.*, 2020) exposed to toxicants showed decreased haemoglobin, lymphocytes, monocytes, and pack cell volume. The decreased RBCs, increased WBCs abnormalities might be caused by damage to blood-forming cells, an increase in the generation of free radicals, or a reduction in oxygen delivery through the gills. Tissue damage induced by a higher dose of acetochlor was detected in bighead carp in this study. Stress circumstances may cause damage by inducing an inflammatory response in fish tissues

resulting in an overproduction of white blood cells. Serum biochemistry serves as a clear sign of pollutant exposure, which is a clear indicator of environmental contamination and may be used to identify tissue pathology (Abdel-Tawwab and Hamed, 2018). Moreover, acetochlor has been shown to have deleterious impacts on blood biochemical profile in exposed fish leading to developmental disorders (Wang *et al.* 2016). Serum biochemical profile including ALP, AST and ALT enzymes significantly increased while serum total proteins and albumin quantity decreased in acetochlor treated fish. It has been indicated that for renal safety evaluation, kidney function tests (creatinine, urea and uric acid) are useful and reliable tools (Hamed and Tawwab, 2017; Hussain *et al.*, 2020). In our experimental research, the concentrations of creatinine and urea were significantly (p <0.05) elevated in treated fish indicating damage to kidneys leading to disruption of filtration processes due to acetochlor. Increased ALT, ALP, AST, cortisol, and LDH levels were previously observed in *Cirrhinus mrigala* (Ghayyur *et al.*, 2019) treated with herbicide. Furthermore, depletion of serum total protein and elevated liver enzymes have been recorded in toxicant-exposed *Channa punctatus* (Sastri and Dasgupta, 1991), *Heteropneustes fossilis* (Kalita *et al.*, 2003), and Zebra fish (Mahmoud *et al.*, 2020). The intensity of damage produced by acetochlor to the liver of fish was determined in the current investigation by histological reactions of the fish (*A. nobilis*). Histopathological abnormalities in liver of fish included congestion, lower cytoplasmic space, vacuolar degeneration, necrosis and widening of sinusoidal spaces in hepatocytes of treated fish with acetochlor. Similar findings (necrosis of hepatocytes, fatty change and atrophy of hepatocyte) in liver tissues of *Clarias gariepinus* (Elias *et al.*, 2020) have been observed. Edema, ceroid development, glomerular disintegration and congestion were also seen in the kidneys of acetochlor-treated fish. However, necrosis, vacuolation, accumulation of melano-macrophages, congestion, and different other tissue changes have also been observed in different species of fish exposed to toxicants like *Heteropneustes fossilis* (Pal and Reddy, 2018) and *Tilapia* (Vinodhini and Narayanan, 2009). According to earlier studies, the investigation of histopathological lesions in gill tissue is known as an excellent and reliable tool for detecting toxicant effects in aquatic life. It's because gills come into close touch with pollutants in the water, and gills are organs via which toxins enter the fish's body. Gills are in charge of the osmoregulatory system and ionic compound balancers (Gaffar *et al.*, 2018). Different pathological lesions in gills due to acetochlor treatments in fish of current study have also been observed in different other organisms such as *Van fish* (Oguz *et al.*, 2018) and *C. fluminea* (Benjamin *et al.*, 2019), zebra fish. These histopathological lesions might be related to depletion of nutrients in the muscles and disruption of protein, carbohydrate and lipid metabolism linked with citric acid cycle (Sobha *et al.*, 2007; Sulekha and Marcy, 2011; Muralidharan, 2014).

Conclusions: The findings of our experimental trial describe that fish are useful test specimens for screening of deleterious effects of synthetic compounds including

herbicides and the hemato-biochemical and histopathological being reliable parameters were adversely affected by exposure to acetochlor in bighead carp.

Authors contribution: YM, RH and AG designed the experiment. YM, RH and AG executed the research and collected the data. RH analyzed the data. YM and RH wrote the manuscript. YM and RH edited the final version of paper.

REFERENCES

- Akram R, Iqbal R, Hussain R, et al., 2021. Evaluation of oxidative stress, antioxidant enzymes and genotoxic potential of bisphenol A in fresh water bighead carp (*Aristichthys nobilis*) fish at low concentrations. *Environ Poll* 268:115896.
- Aranha M, Garcia MS, Cavalcante DC, et al., 2021. Biochemical and histopathological responses in peripubertal male rats exposed to agrochemicals isolated or in combination: A multivariate data analysis study. *Toxicology* 447:152636.
- Auon M, Mahmood F, Khan A and Hussain R, 2014. Testicular and genotoxic effects induced by subchronic oral administration of chlorpyrifos in Japanese Quail (*Coturnix japonica*). *Pak J Agri Sci* 51:1005-10.
- Baralic K, Djordjevic AB, Živancevic K, et al., 2020. Toxic effects of the mixture of Phthalates and Bisphenol A-subacute oral toxicity study in wistar rats. *Int J Environ Res Public Health* 17:746.
- Benjamin K, Co E, Competent J, et al., 2019. Histopathological Effects of Bisphenol A on Soft Tissues of *Corbicula fluminea* Mull. *Toxicol Environ Health Sci* 11:36-44.
- Elias NS, Abouelghar GE, Sobhy HM, et al., 2020. Sublethal effects of the herbicide thiobencarb on fecundity, histopathological and biochemical changes in the African catfish (*Clarias gariepinus*). *Iran J Fish Sci* 19:2020.
- Faheem M, Bhandari, RK, 2021. Detrimental effects of bisphenol compounds on physiology and reproduction in fish: A literature review. *Environ Toxicol Pharmacol* 81:103497
- Faheem M, Adeel M, Khaliq S, et al., 2020. Bisphenol-A induced antioxidants imbalance and cytokines alteration leading to immune suppression during larval development of *Labeo rohita*. *Environ Sci Pollut Res* 27:26800-9.
- Faheem M, Zainab, Z and Ferreira NGC, 2021. Toxicity assessment of dibutyl phthalate in grass Carp: An integrated biomarker approach. *Pak Vet J* 41: 365-371
- Fathy M, Mohamed IA, Farghal A, et al., 2019. Hemotoxic effects of some herbicides on juvenile of Nile tilapia *Oreochromis niloticus*. *Environ Sci Pollution Res Int* 26: 30857-65.
- Ghaffar A, Hussain R, Abbas A, et al., 2019. Assessment of genotoxic and pathologic potentials of fipronil insecticide in *Labeo rohita* (Hamilton, 1822). *Toxin Reviews* pp:1556-9551.
- Ghaffar A, Hussain R, Abbas G, et al., 2018. Fipronil (Phenylpyrazole) induces hemato-biochemical, histological, and genetic damage at low doses in common carp, *Cyprinus carpio* (Linnaeus, 1758). *Ecotoxicology* 27:1261-71.
- Ghaffar A, Hussain R, Noreen S, et al., 2020. Dose and time-related pathological and genotoxic studies on thiamethoxam in fresh water fish (*Labeo rohita*) in Pakistan. *Pak Vet J* 40:151-6.
- Ghaffar A, K Rani, R Hussain, et al., 2015a. Histopathological and serum biochemical changes induced by sub-chronic doses of triazophos in quail. *Pak Vet J* 35:13-7.
- Ghaffar A, Hussain R, Khan A, et al., 2015b. Butachlor induced clinic-hematological and cellular changes in fresh water fish *Labeo rohita* (Rohu). *Pak Vet J* 35:201-6.
- Ghaffar A, Hussain R, Abbas G, et al., 2018. Fipronil (Phenylpyrazole) induces hemato-biochemical, histological and genetic damage at low doses in common carp, *Cyprinus carpio* (Linnaeus, 1758). *Ecotoxicology* 27:1261-71.
- Ghaffar A, Hussain R, Aslam M, et al., 2016. Arsenic and Urea in Combination Alters the Hematology, Biochemistry and Protoplasm in Exposed Rahu Fish (*Labeo rohita*) (Hamilton, 1822). *Turkish J Fish Aquatic Sci* 16:289-96.
- Ghaffar A, Hussain R, Ahmad N, et al., 2021. Evaluation of hemato-biochemical, antioxidant enzymes as biochemical biomarkers and genotoxic potential of glyphosate in freshwater fish (*Labeo rohita*). *Chem Ecol* 37:646-667.
- Ghaffar A, Ashraf S, Hussain R, et al., 2014. Clinico-hematological disparities induced by triazophos (organophosphate) in Japanese quail. *Pak Vet J* 34:257-59.
- Ghaffar A, Hussain R, Khan A and Abbas RZ, 2015. Hemato-biochemical and genetic damage caused by triazophos in fresh water fish, *Labeo rohita*. *Int J Agric Biol* 17:637-42.
- Ghayyur S, Tabassum S, Ahmad MS, et al., 2019. Effect of Chlorpyrifos on Hematological and Serum Biochemical Components of Fish *Oreochromis mossambicus*. *Pak J Zool* 51:1047-52.
- Gianessi LP and Reigner NP, 2007. The value of herbicides in US crop production. *Weed Technol* 21: 559-66.
- Gul ST, Khan RL, Saleemi MK, et al., 2021. Amelioration of toxicopathological effects of thiamethoxam in broiler birds with vitamin E and selenium. *Toxin Reviews*, <http://doi.org/10.1080/15569543.2020.1864647>.
- Hamed H and Tawwab AM, 2017. Ameliorative effect of propolis supplementation on alleviating Bisphenol-A toxicity: growth performance, biochemical variables, and oxidative stress biomarkers of Nile tilapia, *Oreochromis niloticus* (L.). *Comp Biochem Physiol Part C Comp Pharmacol* 202: 63-69.
- Hussain R, Ghaffar A, Abbas G, et al., 2020. Thiamethoxam at sublethal concentrations induces histopathological, serum biochemical alterations and DNA damage in fish. (*Labeo rohita*), *Toxin Reviews* <http://doi.org/10.1080/15569543.2020.1855655>.
- Hussain R, Ghaffar A, Ali HM, et al., 2018. Analysis of different toxic impacts of Fipronil on growth, hemato-biochemistry, protoplasm and reproduction in adult cockerels. *Toxin Reviews* 37:294-303.
- Hussain R, Khan A, Mahmood F, et al., 2014. Clinico-hematological and tissue changes induced by butachlor in male Japanese quail (*Coturnix japonica*). *Pest Biochem Physiol* 109:58-63.
- Hussain R, Ali F, Rafique A, et al., 2019. Exposure to sub-acute concentrations of glyphosate induces clinico-hematological, serum biochemical and genotoxic damage in adult cockerels. *Pak Vet J* 39:181-6.
- Hussain R, Mahmood F, Khan A, et al., 2012. Cellular and biochemical effects induced by atrazine on blood of male Japanese quail (*Coturnix japonica*). *Pest Biochem Physiol* 103:38-42.
- Hussain R, Mahmood F, Khan MZ, et al., 2011. Pathological and genotoxic effects of atrazine in male Japanese quail (*Coturnix japonica*). *Ecotoxicology* 20:1-8.
- Hussain R, Ghaffar A, Ali HM, et al., 2017. Analysis of different toxic impacts of Fipronil on growth, hemato-biochemistry, protoplasm and reproduction in adult cockerels. *Toxin Rev* <http://doi.org/10.1080/15569543.2017>.
- Jia ZQ, Zhang YC, Huang QT, et al., 2020. Acute toxicity, bioconcentration, elimination, action mode and detoxification metabolism of broflanilide in zebrafish, *Danio rerio*. *J Hazard Mater* 394:122521.
- Kalita J, Baruah BK, Chaudhary M, et al., 2003. Study on the effect of water pollutants on carbohydrate profile in fish. *Heteropneustes Fossilis Aquacul* 4:237-340.
- Latif M, Faheem M and Asmatullah, 2020. Study of oxidative stress and histo-biochemical biomarkers of diethyl phthalate induced toxicity in a cultureable fish, *Labeo rohita*. *Pak Vet J* 40: 202-208
- Mahmoud AH, Noura M, Darwish, et al., 2020. Fenvalerate induced toxicity in Zebra fish, *Danio rerio* and analysis of biochemical changes and insights of digestive enzymes as important markers in risk assessment. *J King Saud Uni-Sci* 32:1569-80.
- Muralidharan L, 2014. Chronic toxicity studies on proximate composition of *Cyprinus carpio* exposed to fenthion. *Int J Fish Aquat Stud* 1:26-221.
- Nassar AMK, Salim YMM, Khalid SA, et al., 2020. Ameliorative effects of honey, propolis, pollen, and royal jelly mixture against chronic toxicity of sumthion insecticide in white albino rats. *Molecules* 25:2633.
- Naz S, Hussain R, Ullah Q, et al., 2021. Toxic effect of some heavy metals on hematology and histopathology of major carp (*Catla catla*). *Environ Sci Poll Res* 28:6533-9.
- Pal S, Reddy PB, 2018. Bisphenol a (bpa) induced histopathological and biochemical alterations in the liver and kidney of stinging catfish heteropneustes fossilis. *Trends Fish Res* 7:2319-4758.
- Peña A, Moreno DL, Liébana JAR, 2020. A review of the impact of wastewater on the fate of pesticides in soils: Effect of some soil and solution properties. *Sci Total Environ* 718:134468,
- Rehma T, Naz S, Hussain R, et al., 2021. Exposure to heavy metals causes histopathological changes and alters antioxidant enzymes in fresh water fish (*Oreochromis niloticus*). *Asian J Agric Biol* 2021. <https://doi.org/10.35495/ajab.2020.03.143>

- Sastry KV and Dasgupta A, 1991. Effect of nuvacron on the kidney of freshwater fish *Channa punctatus*. *J Environ Biol* 12:243-8.
- Scarano WR, Bedrat A, Alonso-Costa LG, et al., 2019. Exposure to an environmentally Relevant Phthalate Mixture During Prostate Development Induces microRNA Upregulation and Transcriptome Modulation in Rats. *Toxicol Sci* 171: 84-97.
- Sivashanmugam P, Mullainadhan V and Karundevi B, 2017. Dose-dependent effect of bisphenol-A on insulin signaling molecules in cardiac muscle of adult male rat. *Chem Biol Interact* 266: 10-6.
- Sjerps RMA, Kooij PJF, Loon Av, Wezel AP, Van W, 2019. Occurrence of pesticides in Dutch drinking water. *Chemosphere* 235:510-8.
- Sobha K, Poonima A, Harini P and Veeraiah KA, 2007. Study on biochemical changes in the freshwater fish, *Catla catla* (Hamilton) exposed to the heavy metal toxicant cadmium chloride. *Kathmandu Univ J Sci Eng Technol* 1:1-11.
- Sulekha BT and Mercy TVA, 2011. Pesticide induced changes in the proximate composition of a freshwater fish for estimating maximum allowable toxicant concentration of the pesticide under tropical conditions. *Ind J Fish* 58:85.
- Tawwab MA, and Hamed HS, 2018. Effect of bisphenol A toxicity on growth performance, biochemical variables and oxidative stress biomarkers of Nile tilapia, *Oreochromis niloticus* (L.). *J Appl Ichthyol* pp:1-9.
- Vali S, Mohammadi G and Tavabe KR, et al., 2020. The effects of silver nanoparticles (Ag-NPs) sublethal concentrations on common carp (*Cyprinus carpio*): Bioaccumulation, hematology, serum biochemistry and immunology, antioxidant enzymes, and skin mucosal responses. *Ecotoxicol Environ Saf* 2020:194.
- Vinodhini R and Narayanan M, 2009. Heavy metal induced histopathological alterations in selected organs of the cyprinus carpio L. (Common Carp). *Int J Environ Res* 3:95-100.
- Wang Z, Liu H and Liu S, 2016. Low-Dose Bisphenol A Exposure: A Seemingly Instigating Carcinogenic Effect on Breast Cancer. *Advanced Science* (Weinheim, Baden-Wuerttemberg, Germany) 4:1600248.
- Warra AA and Prasad MNV, 2020. African perspective of chemical usage in agriculture and horticulture-their impact on human health and environment. *Agrochemicals Detection, Treatment and Remediation Pest Chem Fertil* 401-436. <http://doi.org/10.1016/B978-0-08-103017-2.00016-7>.
- Woryi J, Ugbomeh A., Gabriel U and Daka E, 2020. Chronic effects of Paraquat on haematology of African Catfish (*Clarias gariepinus*). *Int J Innov Sci Eng Technol* 7:73-83.
- Yamin A, Naz S, Hussain R, et al., 2020. Exposure to low concentrations of heavy metals alone and in combination induces histopathological and genotoxic effects in fish (*Labeo rohita*). *Adv Life Sci* 7:240-6.
- Zhou L, Chen H, Xu Q, et al., 2019. The effect of di-2- ethylhexyl phthalate on inflammation and lipid metabolic disorder in rats. *Ecotoxicol Environ Saf* 170:391-8.